

# Channel Islands Social Services

(805) 384-0983  
www.IslandSocialServices.org

# ILRC Respite



## Mission Statement & History

Channel Islands Social Services (CISS) is dedicated to providing collaborative services & supports that are reflective of individual needs and strengthen families. We do this by providing quality in-home respite care and independent living services to Ventura County families.

- Founded in 2004 as a local provider for Ventura County families needing respite services
- Award winning family operated organization
- Highly involved in the community through participation in local events and groups
- Dedicated to working collaboratively with families, Regional Center, and Ventura County Human Services



## What is Important to Us

- Individualized Care
- Facilitating long-term, supportive relationships between families and caregivers
- Open and timely communication
- Hiring people who are experienced and respected
- Being an essential partner of the planning team

## ILRC Respite Care Program

Our respite care program is aimed at providing individualized support to caregivers and their loved one in order to take a short break and time for themselves.

For caregivers this can include:

- ❖ Self-care activities
- ❖ Running errands
- ❖ Spending time with friends and/or other family members
- ❖ Attending personal appointments

With a referral from the Independent Living Resource Center (ILRC) CISS provides respite within an approved **90-day period**. The number of hours authorized for respite depends on the result of the ILRC caregiver survey and may be renewed at the end of each period based on need. Families who qualify for services must also meet the ILRC program eligibility requirements

- Individual has Alzheimer's disease or other dementias or is at risk of developing those conditions, including people with intellectual and developmental disabilities
- Individual lives with a caregiver

## How do we sign up?

1. Speak with Emily at the ILRC and complete the required survey/assessment during the initial intake appointment. ILRC then informs CISS of the new referral.
2. CISS then connects with you so you can get to know us. We will send you our Welcome Family Packet, to give you more details on how to get services started.
3. Return our simple family packet to give us information about your loved one, and how we can best support your family! We will then find a Respite Caregiver who is available and fits your needs.
4. When we refer the Respite Caregiver to you, you can then set up dates and times to receive support directly with them.

1. For an assessment or referral, contact

**Emily Bridges, MPH, CHES**

Focused Population Case Manager  
Independent Living Resource Center  
(805) 650-5993 ext. 203  
[ebridges@ilrc-trico.org](mailto:ebridges@ilrc-trico.org)

2. For more information about CISS respite program please contact

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