

Ventura County Area Agency on Aging

COVID-19 Meal Service Options

1



Restaurant Meal Deliveries

Three meals daily from local restaurants. Must be 65 or older or considered high risk with an underlying health condition. Additional criteria must be met. Please visit www.vcaaa.org/food to learn more.

2



Food Box Delivery

Includes 28 meals with a combination of shelf stable options and fresh produce. Boxes are delivered twice monthly. Must be 60 or older or an adult with a disability.

3



Senior Nutrition Meal Sites

Daily single meal pick-up or home delivered option. Offered Monday through Friday and includes a frozen or fresh cooked meal (varies by city). Must be 60 years or older. Please visit www.vcaaa.org/food to learn about a meal site near you.

All services are offered throughout Ventura County. To apply for meal services, visit www.vcaaa.org/food. To learn more, call (805) 477-7300, or e-mail LOIS.VCAAAA@VENTURA.ORG.