



**VENTURA COUNTY AREA AGENCY ON AGING
Senior Nutrition & Health Committee Meeting**

AGENDA

Committee Chair – Vacant

January 9, 2019

11:00 a.m. – 12:00 p.m.

Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura (805) 477-7300

- 1. Welcome and Introductions**
- 2. Public Comments**
- 3. Committee Elect Chair**
- 4. Mission Statement – Future Committee Goals**
- 5. Fall Prevention Program – STEADI Update**
- 6. Community Health Improvement Plan 2018-2020 – Reduce Preventable Hospitalizations**
 - a. Educational Event – Faith-Based Organizations
 - b. Guide to Prevent Hospitalizations
- 7. Meal Count and Cost Per Meal Year-to-Date (as available)**
- 8. SNP Donations/Program Income – Year-to-Date FY1819**
- 9. Shelf-Stable Meals/Emergency Food Program**
- 10. VCAAA Foundation Update**
- 11. Other Committee Involvement/Notification:**
 - a. Transportation & Housing
 - b. Optimal Aging
 - c. Planning and Allocation
 - d. Optimal Aging
 - e. By-Laws
 - f. Executive
- 12. Other Business**
 - a. Farmers' Market Coupon Status
- 13. Next Meeting: 11 a.m. Wednesday, March 13, 2019**
- 14. Adjournment**

Ideas for New Mission & Goals

The Senior Nutrition and Health Issues Committee

Proposed Mission:

To provide guidance to the Senior Nutrition Program and advocate for and develop strategies to address health issues relating to older adults.

Proposed Goals:

1. Increase public awareness of the food insecurity issues facing seniors in Ventura County
2. Bring awareness and need for wholesome nutrition and help promote nutritional education information and materials to congregate and home-delivered meal participants
3. Work toward preventive health measures and fall prevention by identifying chronic disease in communities, finding solutions for healthier living for seniors, and promoting evidenced-based physical activity.
4. Advocate for and improve the current level of health care for Ventura County seniors by continuing to work with health care professionals, stakeholders and service providers
5. Collaborate with public agencies and other stakeholders on a strategy for disaster planning and health emergencies
6. Collaborate with community-based organizations, including the Ventura County Hospital to Home Alliance, to advocate for mental health and substance abuse programs that serve older adults (aged 60+); and for staff training in geriatrics.