VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

January 10, 2018
9:00 a.m. to 11 am
Special Strategic Planning Meeting
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

AGENDA

9:00 a.m. 1. Call to Order and Agenda Review
2. Pledge of Allegiance
3. Approval of Area Agency on Aging Advisory Council Minutes of November 8, 2017 (page 1)
4. Public Comments

Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

5. Consent Agenda Items
   5.1 Executive Committee Report from December 14, 2017 (page 5)
   5.2 Senior Nutrition Committee Report from November 13, 2017 (page 7)

DISCUSSION ITEMS/PRESENTATION/MOTION

6.1 Planning and Allocation Committee Report and Recommendation to Approve FY 2017-2018 Grant Amounts for Unallocated Funds and to Increase VCAAAA Services (page 9)

6.2 Strategic Planning for FY 2018 and Beyond – Redefining Goals and Priorities. Where can we have the greatest impact?

INFORMATIONAL ITEMS

7. Advisory Council Meeting Schedule for FY 2017-2018 (page 11)

8. Other Committee Meetings:
   a. California Senior Legislature Update
   b. Triple A Council of California Update
   c. VCAAAA Foundation Update

9. Comments from the Chair

10 California Commission on Aging Age Watch from November 2017 and January 2018
11. Other Business

11:00 am 12. Adjournment

The next meeting will be:
Wednesday, March 14, 2018 (9:00 am – 10:30 am)
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.
VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES
Advisory Council Center
646 County Square Drive, Suite 100
Ventura, CA 93003
November 8, 2017

Advisory Council Members Present
Dani Anderson (Focused Population)
David Birenbaum (Supervisory Appointee)
Deirdre Daily (Ojai COA)
Smita Dandekar (Supervisory Appointee)
Jay Evans (Camarillo COA)
Sandra Fide (Moorpark COA)
Nick Fotheringham (Immediate Past Chair)
June Glasmeier (CSL)
Rose Gossom (Supervisory Appointee)
Ron Hage (TO COA)
Lori Harasta (Ventura COA)
Lawrence Hartmann (CSL)
Suz Montgomery (Ventura CFS)
Bill Nugent (Ojai COA)

Clark Owens (Oxnard COA)
Marcy Sherbok (Focused Population)
Martha Shapiro (Service Provider)
Neill Spector (Simi Valley COA)
Alice Sweetland (Oxnard COA)
Sue Tatangelo (Focused Population)
Robert Taylor (Camarillo COA)
Bill Witt (CSL)

Advisory Council Members Absent
Cleo Anderson (Focused Population)
Bill Cunneen (Supervisory Appointee)
Karen Gorback (Thousand Oaks COA)

Martha Navarette (SP COA)
Antoinette Olson (Simi Valley COA)
Sylvia Stein (Service Provider)
Vicki Tripoli (Moorpark COA)

VCAAA Staff Present
Victoria Jump
Monique Nowlin
Marleen Canniff
Brian Murphy

Cory Southward
Christine Voth

1. Call to Order and Review of Agenda - The meeting was called to order at 9:05 a.m. by Vice-Chair Suz Montgomery (Ventura CFS).

2. Pledge of Allegiance – Veterans Ron Hage and David Birenbaum led the Pledge of Allegiance. A quorum was present.

3. Approval of Area Agency on Aging Advisory Council Meeting Minutes - The minutes of the September 13, 2017, meeting were approved. (Sherbok/Gossom/Passed).

4. Public Comments –
Sue Tatangelo - Sue mentioned that the Camarillo Health Care District recently received the national 2017 Rosalynn Carter Leadership in Caregiving Award. The Ventura Hospital to Home Alliance, of which they are a member, also received an award from the SCAN foundation.

Lori Harasta - Lori mentioned that Livingston would be holding their Annual Light Up a Life celebration December, 2017 at Pacific View Mall. She also mentioned at the next Ventura Council for Seniors they would be discussing housing and Home Share.

Bill Nugent – Bill reminded everyone that Ojai is not affluent that most people think it is. They are seeing the poverty level of seniors in the Ojai Valley increase. With the lack of affordable housing there it’s an issue.

Troy Brighton – Troy represents Clearwater at Riverpark, a new independent living community in Oxnard. They are in the process of leasing their new units. It’s a 136 unit development with rent around $3800 a month. For more information see www.clearwateratriverpark.com

Martha Shapiro – Martha is a member of the LGBT aging coalition. She provided an update on the event they held recently which was a screening of the movie Gen Silent. In 2018, the coalition has planned to have 4 events.

Sandra Fide – She attended the October 2017 Senior Summit at Cal State University Channel Islands and enjoyed it.

Christine Voth – she notified everyone that she was retiring.

Suz Montgomery – she welcomed new advisory council members Martha Navarette (Santa Paula COA), Ron Hage (Thousand Oaks COA) and also notified everyone that former Advisory Council Member Max VanderWyk passed away.


6. Discussion Items/Presentation/Motion

6.1 VCAA FY 2017-2018 Quarter Performance Report - Brian Murphy presented the report and answered questions about program performance.

6.2 Authorization for the Executive Committee to approve the Planning and Allocation Committees recommendations related to Senior Nutrition one-time-only funding to allow staff to process contract amendments with existing senior nutrition providers to serve additional meals.
6.3 Discussion and Approval of Proposed VCAAA Legislative Platform for Inclusion in the 2018 County of Ventura Legislative Platform. – Bob Taylor presented the recommendations. There was discussion and agreement by the council that the items that were removed from the platform are in a "parking lot" which the advisory council will revisit at a later date. Additionally some of the items that are on the current platform such as language regarding health care facilities will be revisited and discussed by the legislative committee in the coming year in advance of the preparation for the 2019 legislative platform.

6.4 State of the VCAAA – Victoria provided an update on the VCAAA program. And the need for a course adjustment as we have too many conflicting objectives and no succinct priorities, there is a disconnect between the programs and how they fit into the objectives, there is a lack of coordinated advocacy that aligns with the goals and objectives and full engagement of the advisory council does not occur with the current set up. Advisory Council members had a robust discussion and provided a lot of suggestions including the need for a strategic planning session to be held at the next meeting.

6.5 Update and continued discussion regarding the Information, Assistance and Referral Program – Monique provided an update on where the program was at including the development of a volunteer program for I and A that is being developed by volunteer Dr. Deering.

6.6 Volunteer and Veterans Appreciation – volunteers from of the program including the meals sites, HomeShare and the VCAAA garden were recognized and thanked. Overall the AAA has more than 100 volunteers.
7. Advisory Council Meeting Schedule. The meeting schedule for FY 2017-2018 was included for informational purposes.

8. Other Committee Meetings – Bill Witt provided an update on CSL including the top 10 proposals from their October 2017 legislative session. Marcy Sherbok provided an update of where SNAC is at in becoming the VCAAA foundation.

9. June, Bill and Larry provided an update on CSL including the status of their bills.

10. Comments from the Chair –

11. California Commission on Aging Age Watch from October 2017 – included for informational purposes.

12. Roundtable Discussion - Was tabled to another meeting due to time constraints.

13. Other Business – None.

14. Adjournment – the meeting was adjourned at 11:40 am. (Evans/D Anderson/Passed)
TO: VCAAA Advisory Council Members

FROM: Victoria Jump, Director

DATE: November 13, 2017

SUBJECT: Executive Committee Report from December 14, 2017

Executive Committee Members Present
Toni Olson (Chair)
Suz Montgomery (Vice Chair)
Jay Evans (Secretary)

At your November 2017, Advisory Council meeting, the Council provided authorization for the Executive Committee to approve the Planning and Allocation Committees recommendations related to Senior Nutrition one-time-only funding to allow staff to process contract amendments with existing senior nutrition providers to serve additional meals. The Executive Committee conferred over email following the Planning and Allocation Committee meeting on December 11, 2017, at the VCAAA.

The VCAAA was provided $103,737 in additional one-time-only funding for congregate and home delivered meals. Due to the cost of the meals being below the $4.00 budget per meal, staff recommended a recalculation of the cost to $3.80 per meal which resulted in additional dollars being unallocated which is why more money is being allocated that one-time-only funding. All programs were asked about serving additional meals. Not all cities appear below. Oxnard has an additional new funding stream (Measure M) that they are using to serve additional meals. The City of Ventura does not have the capacity to serve additional meals at this point in time.

The Executive Committee approved the following:
   1. Additional meals and funding requests approved:

<table>
<thead>
<tr>
<th>Meal program</th>
<th>Additional meals</th>
<th>Additional Funding Request</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHCD</td>
<td>3,900</td>
<td>$11,700</td>
</tr>
<tr>
<td>Fillmore</td>
<td>3,025</td>
<td>$8,363</td>
</tr>
<tr>
<td>Moorpark</td>
<td>510</td>
<td>$1,440</td>
</tr>
<tr>
<td>Port Hueneme</td>
<td>600</td>
<td>$1,800</td>
</tr>
<tr>
<td>Santa Paula</td>
<td>2,940</td>
<td>$8,700</td>
</tr>
<tr>
<td>Simi Valley</td>
<td>2,506</td>
<td>$7,381</td>
</tr>
<tr>
<td>Thousand Oaks</td>
<td>2,625</td>
<td>$17,719</td>
</tr>
<tr>
<td>Help of Ojai</td>
<td>1,330</td>
<td>$3,990</td>
</tr>
<tr>
<td>Piru</td>
<td>1,400</td>
<td>$9,450</td>
</tr>
<tr>
<td>Jordanos</td>
<td></td>
<td>$56,282</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>18,836</strong></td>
<td><strong>$126,824</strong></td>
</tr>
</tbody>
</table>
2. Holding $36,503.05 in unallocated funding for emergency meals needed for seniors in response to the Thomas Fire and new clients that may need assistance during this time. VCAAA shall be permitted to add additional dollars to existing senior nutrition contracts in FY 2017-2018 to meet this need.
Senior Nutrition Committee Members Present
Jay Evans (Camarillo COA)
Rose Gossom (Supervisory Appointee)
Vicki Tripoli (Moorpark COA) – Chairperson

Senior Nutrition Committee Members Absent
Deirdre Daly (Ojai COA)
Toni Olson (Simi Valley COA)
Alice Sweetland (Oxnard COA)

VCAA Staff Present
Marleen Canniff, Grants Administrator

Guests – Suzanna Colwell, Simi Valley SNP Service Provider

1. Call to Order – Chairperson Vicki Tripoli called to order the meeting at 10:05 a.m. With the absence of a quorum, it was noted that no motions or voting will occur until a quorum is recognized.

   Welcome and Introductions

2. Public Comments – none

3. Approval of Minutes from the 9/18/2017 and 10/16/2017 Meetings – No approval of the minutes from the prior two meetings, due to absence of a quorum.

4. Meal Count and Cost per Meal Year-to-Date – VCAA meal sites served 71,311 meals year to date, which is 108% of the contract amount. While 18,285 meals were served in October, the program had an 8% increase from last month’s meal counts with a 10% increase of service days in the month (from 20 to 22 days). The average number of congregate meals served per day grew from 214 last month to 234 YTD, and the average number of home-delivered meals per day grew from 400 last month to 427 YTD. Jordano’s-supplied meal count was 15,892 for the month, and the non-Jordano’s meal count was 2,393. While VCAA’s budgeted food cost is $4.00 per meal, Jordano’s-supplied food cost year to date is at $3.64. As of October 31,
2017, there is a countywide waitlist of 37 homebound seniors on the Home-Delivered Meal program.

5. **One-Time Only Funds** – The Advisory Council authorized the Executive Committee to approve the Planning and Allocation Committee’s recommendations related to Senior Nutrition One-Time-Only (OTO) federal funds of $103,737 to allow staff to process contract amendments with existing senior nutrition providers to serve additional meals by December 1.

6. **SNP Grant Funding Per Meal Reimbursement Policy**
The committee discussed the differences between policies of funding per meal as well as reimbursement per meal. They discussed differences between program reimbursement on a per meal basis as opposed to reimbursement based on valid program expenses, discussing the hardships some smaller meal sites might have if VCAAA had a reimbursement policy on a per meal basis. The committee agreed to table further discussion until the next SNP Committee meeting when a quorum is present.

7. **Senior Nutrition Action Council S.N.A.C. Update**
At the November 14, 2017, SNAC meeting, the board plans to finalize its new bylaws, decide on a new name, decide on how to distribute funds to meal sites, and introduce the new CPA, Stephen McFadden. Staff suggested that SNAC distribute $1,500 to each meal site to cover the additional need for meals in each service region, a total of $16,500. The nonprofit continues its planning to expand the organization’s mission to provide support for all programs and activities through VCAAA.

8. **Other Committee Involvement/Notification**
   a. *Planning and Allocations Committee* – Staff will provide PAC members with recommendations for distributing the $103,737 in OTO funds, based on meal provider expressed need and requests to serve as well as an analysis of all meal site year-to-date service levels and meal count projections.

9. **Other Business**
   b. *New Menu/Food Items Status* – Low-sodium chicken stock used for making soups have been added to December’s menu, along with Chicken Flautas and Bean and Cheese Burritos, to begin the taste testing.
   c. *Food Order Form* – Staff has added items to the food order form to allow meal providers to order more items directly from Jordano’s with their regular weekly food orders, as opposed to purchasing ingredients on their own. This should help to better distinguish between grant-funded program costs and Jordano’s grant-funded food costs.
   d. *Recruitment of New SNP Committee Members* – The committee discussed the need to recruit SNP Committee members and to send an email to existing members to ensure they remain interested in this committee.

10. **Future Meeting Schedule** - The next SNP Committee Meeting is scheduled for **Monday, January 22, 2018, at 10 a.m.**

11. **Adjournment** – The meeting adjourned at 11:13 a.m.
TO: VCAA Advisory Council Members

FROM: Toni Olson, Advisory Council Chair

DATE: December 11, 2017

SUBJECT: Planning and Allocation Committee Report and Recommendation to Approve FY 2017-2018 Grant Amounts for Unallocated Funds and to Increase VCAA Services

Planning and Allocation Committee Members Present
Rose Gossom
Toni Olson
Marcy Sherbok
Vicki Tripoli

Planning and Allocation Committee Members Absent
Suz Montgomery
Jay Evans

VCAA Staff Present
Marleen Canniff
Victoria Jump

1. Call to Order – The meeting was called to order at 10:05 am by Toni Olson. A quorum was present.

2. Welcome and Introductions and Disclosure of Conflicts of Interest – Members introduced themselves. Conflicts of interests were discussed. No member had a conflict of interest with any current grantee.

3. FY 2017-2018 Uncommitted One-Time-Only Funds - Staff notified the committee that the remaining uncommitted funds for FY 2017-2018 were as follows: IIIB (senior services) $36,639, IIID (evidence based health and wellness) $1,693, Title IIIE (family caregiver) $43,695, VII B (Elder Abuse) $533 and Title III C1/ C2 (senior nutrition) $103,737. The uncommitted funds were the result of unspent money that rolled over from FY 2016-2017. Funds have to be spent in the category that they were received and can't be spent on any new programs without going out for request for proposal (RFP). Additionally, should the committee to decide to provide one-time-only funds to current grantees they can only fund what the provider is currently providing with that same source of funds. For example, a nutrition provider could only receive nutrition funds and would not be eligible to receive Title IIIB (senior services) funds.
In addition to looking at what grantees have requested in funds for additional services, the committee also looked at the needs of the VCAAA moving forward. The committee is making the following recommendations for the use of FY 2017-2018 one-time-only funds (Sherbok/Tripoli/Passed)

<table>
<thead>
<tr>
<th>Grantee/Agency</th>
<th>Funding Source</th>
<th>Amount</th>
<th>For</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long Term Care Services of Ventura, Inc.</td>
<td>Ombudsman</td>
<td>$17,379</td>
<td>Direct pass through from state</td>
</tr>
<tr>
<td>VCAAA</td>
<td>Title IIIB</td>
<td>$36,639</td>
<td>ElderHelp Home Modifications and security devices, transportation cash/material aid and/or extra help for information and assistance. Due to the unprecedented demand for services coupled with the increased demand due to the Fire, the committee wanted to provide VCAAA the ability to quickly provide services where they were most needed. Exact amount to be determined.</td>
</tr>
<tr>
<td>VCAAA</td>
<td>Title IIID</td>
<td>$1,693</td>
<td>To provide additional sessions of A Matter of Balance and Arthritis Foundation Walk with Ease classes. Funding goes towards stipends to the volunteers who teach the classes.</td>
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<tr>
<td>Senior Concerns</td>
<td>Title IIIE</td>
<td>$10,846</td>
<td>Provide 542 hours of in-home respite for family caregivers.</td>
</tr>
<tr>
<td>Camarillo Health Care District</td>
<td>Title IIIE</td>
<td>$16,2015</td>
<td>Provide 8 home modifications/assistive devices, 343 hours of in-home respite and 463 hours of respite day care for family caregivers</td>
</tr>
<tr>
<td>Catholic Charities</td>
<td>Title IIIE</td>
<td>$4,600</td>
<td>Provide 100 hours of day care respite for family caregivers.</td>
</tr>
<tr>
<td>VCAAA</td>
<td>Title IIIE</td>
<td>$12,044</td>
<td>Funds to provide large family caregiver outreach event in May 2018 targeting monolingual Spanish speaking underserved family caregivers.</td>
</tr>
<tr>
<td>VCAAA</td>
<td>Title VII</td>
<td>$533</td>
<td>For printing of the LIFE guides (Legal Information for Elders) to be used in conjunction with the LIFE classes being taught by Grey Law. Printing of the class materials has always been provided by the VCAAA through the small amount of Title VII funds.</td>
</tr>
</tbody>
</table>

4. **Adjournment** – The meeting was adjourned at 10:50 am.
## VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING SCHEDULE

<table>
<thead>
<tr>
<th>Date</th>
<th>Advisory Council</th>
<th>Outreach</th>
<th>Leg.*</th>
<th>Livable Comm.*</th>
<th>Health Issues</th>
<th>Senior Nut.*</th>
<th>Opt. Aging</th>
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<td>July 2017</td>
<td>July 12 9-11 am</td>
<td>July 5 9-10 am</td>
<td>July 12 11-12</td>
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<td>July 18 1-2:30 pm</td>
<td>July 17 10-11:30 am</td>
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<tr>
<td>August 2017</td>
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<tr>
<td>Sept 2017</td>
<td>Sept 13 9-11 am</td>
<td>Sept 26 9-10 am</td>
<td>Sept 13 11-12</td>
<td>Sept 13</td>
<td>Sept 19 1-2:30 pm</td>
<td>Sept 18 10-11:30 am</td>
<td>Sept 27 2-3 pm</td>
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<tr>
<td>Oct 2017</td>
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<td>October 24 9-10 am canceled</td>
<td>None</td>
<td></td>
<td>Oct 17 1-2:30 pm</td>
<td>Oct 16 10-11:30 am</td>
<td>Oct 25 2-3 pm</td>
</tr>
<tr>
<td>Nov 2017</td>
<td>Nov 8 9-11 am</td>
<td>Nov 28 9-10 am canceled</td>
<td>Nov 8 11-12</td>
<td>Nov 8 canceled</td>
<td>Nov 21 1-2:30 pm</td>
<td>Nov 11 10-11:30 am</td>
<td>Nov 29 2-3 pm</td>
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<td>Dec 2017</td>
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<tr>
<td>Jan 2018</td>
<td>Jan 10 9-11 am</td>
<td>Jan 23 9-10 am</td>
<td>Jan 10 11-12</td>
<td>Jan 10 canceled</td>
<td>Jan 16 1-2:30 pm</td>
<td>Jan 22 10-11:30 am</td>
<td>Jan 24 2-3 pm</td>
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<tr>
<td>Feb 2018</td>
<td>None</td>
<td>Feb 27 9-10 am</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>Feb 12 10-11:30 am</td>
<td>Feb 28 2-3 pm</td>
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<td>March 2018</td>
<td>March 14 9-11 am</td>
<td>March 27 9-10 am</td>
<td>March 14 11-12</td>
<td>March 14</td>
<td>March 20 1-2:30 pm</td>
<td>March 19 10-11:30 am</td>
<td>March 28 2-3 pm</td>
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<td>April 2018</td>
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<td>April 17 1-2:30 pm</td>
<td>April 16 10-11:30 am</td>
<td>April 25 2-3 pm</td>
</tr>
<tr>
<td>May 2018</td>
<td>May 9 9-11 am</td>
<td>May 22 9-10 am</td>
<td>May 9 11-12</td>
<td>May 9</td>
<td>May 15 1-2:30 pm</td>
<td>May 21 10-11:30 am</td>
<td>May 23 2-3 pm</td>
</tr>
<tr>
<td>June 2018</td>
<td>June 26 9-10 am</td>
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<td>None</td>
<td>None</td>
<td>None</td>
<td>June 18 10-11:30 am</td>
<td>June 27 2-3 pm</td>
</tr>
</tbody>
</table>

Reminder - A conference call dial in is available for all committee meetings:
Dial in Number: (515) 739-1479, Access Code: 729620

*Meeting to follow Advisory Council Adjournment

Note – some meetings have been canceled as we reevaluate the need based on interest and attendance.
Commission on Aging elects new officers for 2018

The California Commission on Aging (CCoA) last week chose new officers for 2018, electing Ed Walsh of Rancho Mirage to chair the Commission for the coming year. Walsh is a 2013 Governor’s appointee to the Commission and a retired director of the Riverside County Office on Aging. A member of the National Association of Social Workers, the American Society on Aging, and California’s Health and Human Services Agency Olmstead Committee, Walsh has dedicated his career to serving older adults through a range of settings where his focus was on care coordination and service integration. Walsh replaces Paul Downey of San Diego, who was termed out as chair.

Betsy Butler of Marina del Rey was elected vice chair for 2018. Butler was appointed to the Commission by the Senate Rules Committee in 2015 and is a former member of the State Assembly, where her interest in protecting the elderly and veterans was a primary focus. Butler serves as Executive Director of the California Women’s Law Center and is a board member of Planned Parenthood Advocacy Project of Los Angeles, Equality California, the Redondo Beach Veterans Memorial Task Force, the Gay Men’s Chorus of Los Angeles and she is an Advisory Board Member of the Soldier’s Project as well as Peace Over Violence, a domestic violence education and support organization, and a member of the Los Angeles County Probation Commission.

Outgoing CCoA Chair Downey honored by Senator Toni Atkins

Outgoing Chair Paul Downey was honored last week by San Diego Senator Toni Atkins during the Commission’s November 7th meeting at the West Health Institute in La Jolla. Downey was recognized for his service as chair of the California Commission on Aging as well as for his commitment to serving vulnerable elders in San Diego County. Downey is President and CEO of Serving Seniors in San Diego, a non-profit provider of comprehensive services for elders in poverty, including congregate and home-delivered meals, permanent housing for homeless elders, lifelong learning opportunities, as well as health and wellness services. He is also a past president of the National Association of Nutrition and Aging Services Programs, and a current member of the American Society on Aging Board of Directors.

Downey was appointed to the Commission by then-Assembly Speaker John Perez in 2012 and served as CCoA chair from March of 2016 through November of 2016.

AGEWATCH is an occasional publication of the California Commission on Aging (CCoA) intended to inform, educate, and advocate. The CCoA is an independent state agency established in 1973 to serve as the principal state advocate on behalf of older Californians. The CCoA office is located at 1300 National Drive, Suite 173, Sacramento, CA 95834. (916) 419-7591 www.ccoa.ca.gov to Unsubscribe email coaagewatch@gmail.com
California Social Workers Association names Commissioner Jean Schuldberg for Lifetime Achievement Award

The National Association of Social Workers - California Chapter has named California Commission on Aging member Jean Schuldberg as recipient of the 2017 Lifetime Achievement Award.

A 2013 Governor’s appointee to the Commission, Schuldberg has over 25 years of social work practice experience in the areas of mental health, intellectual disabilities, medical social work, and vocational services. Schuldberg began her career as adjunct faculty for California State University, Chico in 1989 and retired from the University in 2017 as Professor Emeritus.

Schuldberg has served as the Director of the CSU, Chico Master of Social Work (MSW) program since 2006 and is Co-Director of the CSU, Chico Hartford Partnership Program for Aging Education. Schuldberg is also Coordinator of the CSU, Chico Mental Health Stipend Program that trains graduate social students for work in the public behavioral health system. Schuldberg earned a Doctor of Education in International and Multicultural Education from the University of San Francisco and a Master of Social Work from Indiana University. She is committed to increasing the number of social workers versed in gerontology to meet the needs of our growing population of older adults and currently serves as Chair of the CCoA’s Elder Justice Committee.

National Council on Disabilities examines the links between poverty and disability in its 2017 Progress Report

A new report from the National Council on Disabilities (NCD) is devoted to the issue of poverty and its connection to disability policies. The report, National Disability Policy: A Progress Report, examines the public policies, programs and practices in a wide range of policy areas with a critical role in enabling persons with disabilities to live independently and with full integration in the community.

According to the NCD, “The 2017 Progress Report offers insight into how existing public policies and programs are designed to provide economic support for people with disabilities, but often create barriers that impede upward mobility. The report begins with a review of how existing public policies, programs, and practices can assist people with disabilities in achieving economic self-sufficiency. Next, the report identifies and describes the common barriers that perpetuate the cycle of poverty for people with disabilities. The report then looks at a number of promising practices that lift people with disabilities out of poverty. It discusses how these practices address barriers that people with disabilities experience with the goal of improving the lives of people with disabilities. Finally, the report offers recommendations that help ensure people with disabilities are able to achieve economic self-sufficiency.”

To read the full report, please click here.

Information provided courtesy of Justice in Aging.
Caring for those senior citizens who cared for us

Guest editorial by Cheryl Brown

Nearly 10,000 seniors will turn 65 today and every day in America through 2019. The U.S. Census Bureau reported Californians 65 years of age and older accounted for 13.6 percent of the state’s population in 2016. Sadly, however, California also leads the nation in the number of older adults living in poverty.

I am privileged to serve as a member of the California Commission on Aging where I continue my advocacy work on behalf of these constituents, a focus I also championed when I chaired the Assembly Committee on Long-Term Care and Aging.

Seniors’ needs expand with age and those living in poverty often go without. Many depend on family members, government resources, community outreach and non-profit organizations to fill the gap. Yet surprisingly, as great as the needs of these vulnerable residents are, many will be surprised to learn that of the nearly 100,000 foundations spread across the country, only six are fully dedicated to serving seniors.

This week, I had an opportunity to learn more about one of these six foundations and the great work it does on behalf of older Americans. For more than a decade, the Gary and Mary West Foundation has worked at the national, state and local (San Diego) levels to enable seniors to successfully age in place with access to high-quality, affordable healthcare and other support services designed to preserve and protect their dignity, quality of life and independence. Its founders, Gary and Mary West, are working to transform the way healthcare is delivered to an aging population.

Efforts like those of the Gary and Mary West Foundation are enhanced by works of groups like the Frame Works Institute, an organization dedicated to enhancing how non-profit organizations communicate as a way to better frame public discussion on social concerns like the rapidly expanding senior population.

The group is a partner in the Reframing Aging Project, working with aged-focused organizations from all over the country to create a better understanding of the needs of older adults and their contributions to society. In addition, they are working to use communications and outreach efforts to drive a more informed conversation about aging and its implications for our communities.

Anyone who knows me, knows when I speak about seniors/older adults, I talk about the “Silver Tsunami.” I like what the sense of urgency the term implies. However, in the reframing discussion, it was determined such phrases are negative and should not be used. So, beginning today, I will start speaking in more positive terms, hoping it will have better results. Experts believe, this reframing effort will take about 15 years to change perception regarding how aging is perceived in this country.

For far too long, growing old has been viewed as a negative experience; however, people should not fear growing old. Rather than viewing this natural process as a time of declining health and increased dependency, the Reframing Aging Project is working to change this in hopes of creating a better understanding of older adults and their contributions.

(continued, page 4)
We must unite at the local, state and federal levels to assure older adults can remain in their homes, healthy, independent, connected, productive and most importantly, cared-for regardless of their income. Their needs can range from food insecurity to mental health issues to physical and/or oral problems to just plain loneliness. Exploring new models of care is one way to address these concerns.

We are changing the way advocates talk about aging and it is important that when we look at seniors, we see the whole person — not just their age. We must continue to find better ways to care for those who cared for us.

Cheryl Brown of San Bernardino is a 2017 Assembly Speaker’s appointee to the California Commission on Aging and represented the 47th District in the California Assembly from 2012-2016.

**November is National Family Caregivers Month**

The USC Family Caregiver Support Center reminds the public to celebrate family caregivers and everything they do all day, every day. Ask any caregiver and they will tell you that this is a “24” hours a day & days a week type of role with little or no opportunity to rest. Studies have shown that caregivers often neglect their own care and needs, are in poor physical health themselves, and are at higher risk for anxiety and depression. Caregivers who are isolated without a strong support system are most affected by the struggles of caregiving.

This November, if you are a caregiver, we encourage you to reach out to other caregivers, attend a support group meeting, and take a few minutes to rest. If you know a caregiver, show some kindness by telling that person that they are doing a great job! Show caregivers that they matter!

For more information on caregiver resources in California, visit the **National Center on Caregiving**.

Excerpted from the USC FSC November 2017 newsletter

**Serious Illness in Late Life: The Public’s Views and Experiences**

The results of a [new poll by the Kaiser Family Foundation](https://www.kff.org/medicare/issue-brief/publics-views-and-experiences-about-later-life/) (KFF) reveal that for older adults with serious illness, having documents that outline their wishes for care makes it more likely that their wishes will be followed. Similarly, most family members who had access to these documents found them helpful in making decisions about their loved one’s care.

In order to better understand the public’s expectations about later life and any efforts they’ve taken to plan for serious illness, the Kaiser Family Foundation (KFF), conducted a large scale, nationally representative telephone survey of 2,040 adults, including 998 interviews with people with recent experience with serious illness in older age, either personally or with a family member. For this survey, those who are seriously ill are older adults who have at least one of several chronic conditions and report functional limitations due to a health or memory problem. This comprehensive survey is the first in a series of surveys that will measure how these attitudes and experiences change over time.

To read KFF’s full report, click [here](https://www.kff.org/medicare/issue-brief/publics-views-and-experiences-about-later-life/).

Excerpted from Kaiser Family Foundation, *Poll: Family Members of Older Adults with Serious Illness Are More Confident That They Know Their Medical Wishes When They Have Written Documents*, November 2, 2017.
Reverse mortgage foreclosures up 646% in 2017

New data obtained by the California Reinvestment Coalition (CRC) indicates that there was a 646% increase in foreclosures last year against seniors with federally insured reverse mortgages as compared to the previous 7 years. In January 2017, the CRC and Jacksonville Area Legal Aid submitted a Freedom of Information Act (FOIA) request to the Department of Housing and Urban Development (HUD), seeking data about reverse mortgage foreclosures in HUD’s Home Equity Conversion Mortgage (HECM) program, and about a new HUD program meant to keep widowed and widower non-borrowing spouses in their homes after the death of their spouse. The FOIA response includes state by state foreclosure numbers for Financial Freedom and the industry.

"The steep rise in reverse mortgage foreclosures reflected in this data is extremely concerning," said Alys Cohen of the National Consumer Law Center. “From our experience working with advocates around the country, we know that seniors struggling to pay property taxes and homeowners insurance represent a significant chunk of reverse mortgage foreclosures. HUD’s initial response suggests that the data on reasons for reverse mortgage foreclosure are not being collected or analyzed adequately. Older borrowers need the opportunity catch up on these property charges through reasonable loss mitigation options, which will only happen if HUD changes its policies to require that lenders make those options available."

The CRC report finds a need for more assistance at risk seniors and for increased oversight from HUD and the Consumer Financial Protection Bureau to protect older homeowners. To read CRC’s report and review the data, click here.

Excerpted from California Reinvestment Coalition press release, New FOIA Response from HUD Reveals 646% Increase in Foreclosures against Seniors in 2016, November 15, 2017.

Upcoming Events

December 5-6, Triple-A Council of California, Vagabond Inn, Sacramento. www.4TACC.org for agenda and information.

December 7, End Well - Design for the End of Life Symposium, Intercontinental San Francisco Hotel, San Francisco. For information or to register, visit the Institute on Aging.

January 3, 2018 —State Legislature reconvenes

January 8-9, California Commission on Aging, Sheraton Grand Hotel, Sacramento. www.ccoa.ca.gov for agenda.
Rising number of older workers to outpace growth of the overall workforce, Senate report finds

A December 2017 hearing of the U.S. Senate Special Committee on Aging focused on the challenges and opportunities of a growing number of older Americans in the workforce. The hearing, titled America’s Aging Workforce: Opportunities and Challenges, examined the impacts of increasing numbers of older workers in the U.S. labor force, from 35.2 million older workers in 2016 to 42.1 million by 2026. The Committee’s findings are detailed in the subsequent report, *America’s Aging Workforce: Opportunities and Challenges*, and include:

- The number of older workers is increasing faster than the overall rate of labor force growth. By 2026, the overall labor force is expected to grow by 0.6%, while the number of workers ages 65 to 74 is projected to grow by 4.2 percent annually and the number of workers ages 75 and above by 6.7 percent annually.
- Most employers acknowledge the trend of the aging workforce; few are offering more flexible scheduling or opportunities for part-time work.
- A growing group of aging workers are caregivers and some employers are implementing strategies to support them.
- Work is linked with improved health and well-being.

The report points to the percentage of retirees who later return to work (approximately 30%), with socioeconomic factors, health, and changes in the economy or government policies also factoring into an older individual’s decision to remain working or to retire.

Looking ahead, the report recommends policy changes that can help workers leverage benefits and overcome the challenges in ways that benefit not only workers and their families, but their employers, their communities, and the nation overall. Such policies should:

- Allow flexibility so individuals can carve their own career paths and determine for themselves when and how they retire.
- Value and respect the decisions of older adults to continue working, to volunteer, or to find another way to achieve their personal and professional goals.
- Help workers remain financially secure while confronting challenges that may arise with age, such as caregiving responsibilities or health conditions.

To learn more about this work and view testimony from the hearing, click [here](#). To view the report, click [here](#).

*Information from the U.S. Senate Special Committee on Aging, Dec. 6, 2017.*
What’s New for Medicare in 2018
Changes are coming in 2018 for Medicare beneficiaries. The National Council on Aging explains the changes to help older adults prepare:

**Medicare Cost and Coverage**
- Generally Medicare Part B monthly premium and deductibles for 2018 won’t change from $134 (premium) and $183 (deductible) this year. However, because of the size of the 2018 Social Security Cost of Living Adjustment (COLA), approximately 42% of Medicare beneficiaries who were held harmless against the rising annual costs of Medicare in past years will see their premiums increase up to $134.
- In addition, there have been changes to the Part B surcharge for individuals and couples with higher incomes, specifically if your income is at or above $133,501 or if you’re married with joint income above $267,001.
- Medicare Part A inpatient hospital deductibles will also increase in 2018, going up by $24, to $1,340.

**New Medicare Cards**
The Centers for Medicare & Medicaid Services (CMS) will begin issuing new Medicare cards in April 2018 that no longer include your Social Security number. The Social Security numbers will be replaced by a new Medicare Beneficiary Identifier (MBI). The cards will be mailed to your address on file with the Social Security Administration, so make sure your contact information is accurate.

It will take 12 months to mail new cards to all Medicare beneficiaries. During this time, keep in mind that Medicare will never request personal or private information, so be wary of anyone contacting you about the new card or MBI. Once you receive your new card, destroy the old card immediately.

**Special Enrollment Periods and Extensions**
- **Disaster Special Enrollment** – Medicare beneficiaries in Puerto Rico and the U.S. Virgin Islands affected by the fall hurricanes and beneficiaries in the FEMA-declared emergency and major disaster areas of California may be eligible for a Special Enrollment Period that runs through March 31, 2018. Contact Social Security at 1-800-772-1213 or visit a local Social Security office to make an enrollment request due to disaster-related events.
- **Part B Equitable Relief** – If you delayed enrolling in Medicare Part B so you could stay in an Affordable Care Act Marketplace Qualified Health Plan (QHP), you may be eligible to enroll in Medicare Part B without penalty or with a reduced late enrollment penalty. You may be eligible for this equitable relief if you are enrolled in a QHP and you are enrolled in a premium-free Part A, AND your initial enrollment period (IEP) began April 1, 2013 or later OR if you were notified of retroactive premium-free Part A on October 2, 2013 or later. You have until Sept. 30, 2018 to request equitable relief from the Social Security Administration.

**Changes Based on Star Rating** – Medicare uses a star rating system to measure how Medicare Advantage and Part D plans perform. You can switch to a five-star rated Medicare Advantage Plan, Medicare Cost Plan, or Part D plan (if one is available in your area) once per year outside of annual open enrollment (Dec. 8 – Nov. 30). People in consistently low-performing Medicare Advantage or Part D plans (lower than three-star for three consecutive years) can request a Special Enrollment Period to enroll in a higher star rated plan throughout the year. Reprinted from NCOA Week, January 3, 2018.
The Flourish Care Model: Utilizing the Geriatric Workforce Enhancement Program (GWEP) to Implement a Shared-Care Approach to Health Care for Older Adults

The Aging and Disability Business Institute is hosting a webinar on the Flourish Care model. The Flourish Care model developed partnerships between primary care practices, local area agencies on aging and community coalitions to promote effective care coordination and quality care for older adults in rural areas. This is a shared-care approach to healthcare and functions from the belief that health is more than just visiting a primary care physician and taking medications. This webinar will share lessons learned from this partnership and report on preliminary results on care improvement for older adults with two or more chronic conditions. Two case studies will be presented to demonstrate how the Flourish Care model benefited rural older adults. This webinar will take place on Tuesday, January 23 from 1:00 p.m. to 2:00 p.m. ET. Click here for more information.

Information from NASUAD Friday Update, December 15, 2017.

Priced Out: The Housing Crisis for People with Disabilities

A new report from the Technical Assistance Collaborative (TAC) and the Consortium for Citizens with Disabilities Housing Task Force documents the nationwide housing affordability crisis experienced by people with disabilities. The report documents how in 2016, millions of adults with disabilities living solely on Supplemental Security Income (SSI) found that renting even a modest unit in their community would require nearly all of their monthly income. This report offers policy recommendations to address this crisis. To read the full report, click here.

Information from NASUAD Friday Updates, December 15, 2017.

Promising Practices Papers Give States a Tool to Improve Long-Term Services and Supports

The AARP Public Policy Institute has released a new blog, Giving States a Tool to Improve Long-Term Services and Supports, in Health Affairs. This blog highlights how the Scorecard and Promising Practices reports aim to help states accelerate improvements to long-term services (LTSS) and supports for older adults, people with physical disabilities, and their family caregivers. The blog post describes how state performance varies widely; shows that progress in improving LTSS system performance has been uneven; promising practices can help states improve; and state strategies to reduce long nursing home stays.

To read AARP’s summary of promising practices in the Health Affairs blog, click here.

Information from NASUAD Friday Updates, December 15, 2017.

This tax season,
Support the work of the Triple-A Council of California through your California Voluntary Tax Contribution Line 400 on your California Income Tax return,
Cultivate your **Leadership skills** at **ASA’s 2018 Leadership Institute**

In this time of changing policies and heightened need for advocacy, what qualities, skills, knowledge and talents do leaders in aging need to possess now and in the future? This web seminar roundtable brings together thought leaders representing different positions and viewpoints from across the field of aging to share their thoughts on these and other important questions. We don’t have crystal balls but we do have fabulous ASA leaders to guide us.

The **ASA Leadership Institute** is a five-day leadership development intensive that offers self-assessments of communication and leadership styles, presentations by recognized leaders in the field of aging, facilitated dialogue, networking opportunities, leadership literature and online learning. Program components are carefully designed to prepare the next generation of leaders in the field of aging.

The **2018 ASA Leadership Institute takes place during the Aging in America Conference in San Francisco, March 25-29, 2018.** Learn more and register.

Now in its 5th year, the ASA Leadership Institute was developed in 2014 specifically for professionals and emerging leaders in the field of aging and aging-related careers.

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**Upcoming Events**

January 8, Alzheimer’s Women’s Initiative. 5:00 p.m. - 8:00 p.m., California Museum for History, Women and the Arts, 1020 “O” St., Sacramento. 916-447-2731 to RSVP.

January 8-9, California Commission on Aging, Sheraton Grand Hotel, Sacramento. [www.ccoa.ca.gov](http://www.ccoa.ca.gov) for agenda.

January 24, Congress of California Seniors Convention—**Advocating for the Long-Term**, Holiday Inn Sacramento Downtown-Arena. [www.seniors.org](http://www.seniors.org) for information and to register.


February 12-14, LeadingAge California Policy & Leadership Summit. Visit [LeadingAge CA](http://LeadingAge CA) website for information and to register.

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