VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING

March 11, 2020
9:00 a.m. to 11:00 am
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

VCAAA Advisory Council Role – To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA’s mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community-based services where older adults and people with disabilities can age in their community with dignity and respect.

AGENDA

9:00 a.m. 1. Call to Order and Agenda Review

2. Pledge of Allegiance

3. Approval of Area Agency on Aging Advisory Council Minutes of January 8, 2020

4. Public Comments

Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

5. Consent Agenda Items

5.1 Optimal Aging Committee Report from January 22, 2020
5.2 Transportation Committee Report from January 8, 2020
5.3 Community Partner Resource (CPR) Ad-Hoc Committee Report from February 12, 2020
5.4 Workforce Committee Report from February 18, 2020

DISCUSSION ITEMS/PRESENTATION/MOTION

*6.1 Strategic Plan Update for FY 2020-2021 Public Hearing
6.2 Approval/Modification/Discussion of the VCAAA FY 2020-2021 Strategic Plan Update
6.3 Formation of a Nominating Committee for Election of Officers for FY 2020-2021, One Service Provider, One Consumer, One Focused Population Behavioral Health Representative and One California Senior Legislature Representative for Two Year Terms Starting July 1, 2020 Through June 30, 2022.

6.4 Health and Nutrition Committee Report from February 12 and Recommendation to the Advisory Council Regarding Meal Targets in each City and the Request for Proposal for the Senior Nutrition Program for FY 2020-2021 through FY 2023-2024.

6.5 Staff Recommendation to Provide Additional One Time Only Funds for FY 2019-2020 to Current Grant Recipients

6.6 Master Plan for Ventura County – Continued Discussion

6.7 VCAAA Outreach PIO Report

INFORMATIONAL ITEMS

7. Advisory Council Committee Membership FY 2019-2020
8. Advisory Council Meeting Schedule for FY 2019-2020

9. Other Committee Meetings:
   a. California Senior Legislature Update
   b. Triple A Council of California Update
   c. VCAAA Foundation Update
   d. LGBTQ Aging Coalition
   e. Dementia Friendly Ventura County

10. Comments from the Chair

11. Other Business
12. Adjournment

*Time certain at 9:15 am

The next meeting will be:
Wednesday, March 11, 2020 (9:00 am – 11:00 am)
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.
<table>
<thead>
<tr>
<th>SB 29</th>
<th>Durazo</th>
<th>Medi-Cal: eligibility. Ensures that all Californians who qualify for publicly funded Medi-Cal have access to quality care regardless of immigration status.</th>
<th>9/4/19 In Senate Read second time. Ordered to third reading</th>
</tr>
</thead>
<tbody>
<tr>
<td>SB 596</td>
<td>Stern</td>
<td>In-home supportive services: additional higher energy allowance. Promotes the medical baseline program to IHSS applicants. By sharing this information, IHSS applicants who depend on a medical device can apply for and receive additional benefits that can help them be informed and plan for Safety Power Shutoffs events in the future.</td>
<td>1/30/20 In Assembly. Read first time. Held at Desk.</td>
</tr>
<tr>
<td>SB 753</td>
<td>Stern</td>
<td>Public social services: emergency notification. This bill would add telephone numbers and email addresses to the information permitted to be shared, ensure that any disabled people receiving services are included rather than only “clients” and add PSPS events to the list of enumerated emergencies where the information may be shared.</td>
<td>1/27/20 In Assembly. Read first time. Held at Desk</td>
</tr>
</tbody>
</table>

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(916) 552-8056

3
VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES
Advisory Council Center
646 County Square Drive, Suite 100
Ventura, CA 93003
November 13, 2019

Advisory Council Members Present
Loretta Allen (Thousand Oaks COA)  Antoinette Olson (Simi Valley COA)
Dani Anderson (Focused Population)  Clark Owens (Oxnard COA)
David Birenbaum (Supervisory Appointee)  Joyce Pinkard (Supervisory Appointee)
Bill Cunneen (Supervisory Appointee)  John Posta (Thousand Oaks COA)
Smita Dandekar (Supervisory Appointee)  Marcy Sherbok (Focused Population)
Jay Evans (Camarillo COA)  Neill Spector (Simi Valley COA)
Sandra Fide (Moorpark COA)  Sylvia Stein (Focused Population)
John Gardner (Camarillo COA)  Sue Tatangelo (Focused Population)
Karen Gorback (CSL)  Mike Williams (Service Provider)
Rose Gossom (Supervisory Appointee)  
Lori Harasta (Ventura COA)  
Suz Montgomery (Ventura CFS)  
Dr. Maria Mungua (SP COA)  

Advisory Council Members Absent
Deirdre Daily (Ojai COA)  Martha Navarette (SP COA)
Tony Gitt (CSL)  Bill Nugent (Ojai COA)
Ari Larson (Fillmore COA)  Martha Shapiro (Service Provider)
Rebecca Morales (Fillmore COA)  Alice Sweetland (Oxnard COA)

VCAAA Staff Present
Monique Nowlin  Joaquin Serrato
Brian Murphy  Jannette Jauregui
Haleh Hashemzadeh  Patti Jaeger
Sonia Vaughn  Gray Wilking

1. Call to Order and Review of Agenda – The meeting was called to order at 9:02 am by Chair Suz Montgomery. She asked for moment of silence for the country.

2. Pledge of Allegiance – Suz led the Pledge of Allegiance. A quorum was present.

3. Approval of Area Agency on Aging Advisory Council Meeting Minutes - The minutes of the November 13, 2019, meeting was approved (Olson/Gossom/Passed).

4. Public Comments –

- MaeRetha Franklin Coleman introduced herself as the new community educator for Senior Concerns.
• Lori Harasta notified the council that the Ventura Council for Seniors (VCS) will be presenting a workshop on Alzheimer’s Disease on January 21 from 2-3:30 pm at the Ventura Avenue Adult Center.
• Sandra Fide notified the council about census activities in Moorpark
• Karen Gorbak spoke about the upcoming Thousand Oaks Wellness Fest at the Goebel center.
• Mike Williams spoke about the Oxnard Recreation Committee for Adults and Senior (ORCAS) efforts to get a new senior center built in Oxnard. He spoke about their upcoming Valentines event.
• Suz Montgomery mentioned that the City of Ventura is completing its strategic plan for older adults and their plan will include a recommendation for a new senior center. She also made a public comment stating that a mental health facility for older adults is needed. This led to other people making comments and Suz forming a small workgroup to look at the issue.

5. Consent Agenda Items – The consent agenda containing the Transportation Committee Report from November 13, 2019, and the Senior Nutrition and Health Issues Committee Report from November 13, 2019, was accepted. (Owens/Tatangelo/Passed).

6. Discussion Items/Presentation/Motion

6.1 Discussion regarding format and content of Advisory Council meetings for Councils on Aging and other groups. Monique led the discussion about what the group wanted. It was decided that two (2) to five (5) days after the Advisory Council meeting staff would send a brief meeting recap for Advisory Council members.

6.2 Creation of an Ad-Hoc Committee to Plan and Execute a Faith Communities Educational Symposium in 2020. Jay Evans presented his proposal to form an Ad-Hoc committee to hold a faith-based event. Motion made by Jay and seconded by Sylvia Stein. Marcy Sherbok suggested that the reach and the event include broader leadership beyond the faith community and suggested that it be a community leadership forum. John Gardener said that he would support a leadership forum for non-governmental community agencies. Smita Dandekar was supportive of it being larger than just faith based. Dr. Munguia felt that traditional healing needed to be part of the conversation. Mike Williams voiced support of an event that didn’t exclude anyone. The advantage of targeting the faith-based community was reach. He felt that the event should be left open to whoever is interested. It was suggested that staff identify needs, see what currently exists and make the event inclusive. Jay withdrew his proposal. John Gardener made a motion to form an ad-hoc committee to look at holding a non-government inclusive event. (Gardener/Sherbok/Passed). Abstaining – Evans, Tatangelo, Harasta, Taylor-Stein.

6.3 Master Plan for Ventura County – Continued Discussion, Additional Polling and More. Staff provided an update on activities at the state and local level in
regard to the Master Plan for Aging. The council had a great discussion about unmet needs and what else could be done. Marcy felt that there should be more support for people that are newly diagnosed with Alzheimer’s and related dementias to include support groups, information and peer support. Sue Tatangelo felt that the existing caregiver centers need more money to develop dementia specialties like REACH and Dealing with Dementia. Karen Gorback spoke about the Caregiver Alliance and training for caregivers that could be done by the Community College District. Jay Evans mentioned that career paths could be done via adult education.

6.4 Isolation, Loneliness and Depression – What You Need to Know. Staff provided the Advisory Council with information regarding VCAAAs newest program and its collaboration with Ventura County Behavioral Health.

6.5 VCAAAs Outreach PIO Report – Jannette provided an update.

7. Advisory Council Committee Membership. The list was included for informational purposes. Advisory Council members were reminded to submit their preferences for FY 2019-2020.


9. Other Committee Meetings:
   - CSL Update – Karen Gorback and Tony Gitt provided an update on the top 10 list and how to donate to CSL.
   - VCAAAs Foundation - Marcy Sherbok provided an update.
   - LGBTQ Aging Coalition – Marcy provided an update that training for subcontractors would be held later in January.

10. Comments from the Chair – There were no comments from the chair.

11. Other Business – There was no other business.

12. Adjournment – The meeting was adjourned at 11:20 a.m. (Olson/Birenbaum/Passed).
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TO: VCAAA Advisory Council Members
FROM: Jannette Jauregui, VCAAA Staff
DATE: January 24, 2020
SUBJECT: Optimal Aging Committee Report from January 22, 2020

Committee Members Present
Bill Cuneen
John Gardner
Rose Gossom
Sylvia Taylor Stein

Committee Members Absent
Ari Larson
Alice Sweetland

VCAAA Staff Present
Jannette Jauregui

1. Call to Order – The meeting was called to order at 2:02 p.m. by committee chair, Sylvia Taylor Stein.

2. Welcome and Introductions – Sylvia welcomed committee members. There were no guests in attendance.

3. Public Comments – No public comments were made.

4. Discussion of Committee Goals: The committee agreed to focus efforts on building visibility of the LEGACY Awards. The committee would like to implement the following into the 2020 LEGACY nomination and selection process:
   a. Advertise awards on social media.
   b. Review all nominations and select top five candidates to interview.
   c. Bring recommendations based on interviews to the entire Advisory Council for a vote in July.
   d. Send a notice to all nominees and those selected congratulating them on being nominated and/or selected.
   e. Reserve an ongoing spread in LIVEWell that will include a feature on LEGACY winners and mention names of those nominated.
5. Discussion of *LEGACY* Award Timeline: The committee agreed to continue meeting every other month with a goal to distribute *LEGACY* nomination packet to the public in March, review submissions and conduct interviews in May and June, and bring recommendations to the Advisory Council in July for a final selection vote.

6. Other Business - None discussed.

7. Other Committee Involvement/Notification – None discussed.

8. Next Meeting Schedule – The next scheduled meeting is March 25, 2020, at 2 p.m.

9. Adjournment – The meeting was adjourned at 2:51 p.m. by chair, Sylvia Taylor Stein.
TO: VCAAA Advisory Council Members

FROM: Jay Evans, Chair

DATE: March 11, 2020

SUBJECT: Transportation Committee Report from January 8, 2020

Committee Members Present
Sandra Fide
David Birenbaum
Joyce Pinkard
Marcy Sherbok
Jay Evans
Bill Nugent
Suz Montgomery
Rose Gossom
John Posta

Committee Members Absent
Martha A. Navarrete
Tony Gitt
Clark Owens

VCAAA Staff Present
Monique Nowlin
Sonia Vaughn
Jason Sagar

Guests
None

1. Call to Order – The meeting was called to order at 11:30 a.m. by the Chair, Jay Evans. A quorum was present.

2. Welcome and Introductions – None.

3. Public Comments – None.

4. ElderHelp; Quarterly Report; Ticket Availability; Ticket Redemption – Jason Sagar provided an overview of ticket availability. Discussion ensued between he and the Committee. The Committee would like to see a plan in place for an allocation methodology. In other words, ascertaining what the utilization rate will be and planning the distribution of the tickets accordingly. Additionally, there was discussion about the $1.00 increase in Thousand Oaks tickets. The Committee asked Jason to find out from Mike Albert if the old tickets could be sent back and replaced with the new route tickets.

5. AARP Transportation Workbook/Master Plan for Aging – Focus Group/Surveys
The Committee reviewed the feedback from the members that had completed them. Jay shared an observation that transportation in Ventura County is fractured. David suggested using UCLA and/or USC Students as part of their rotation to aid with the transportation issue and potentially working with clients (PHQ-9). There was mention of finding out dates, times and locations for the CTAC (Citizens Transportation Advisory Committee) and Transit Operators Advisory Committee to further communicate the message and importance of the transportation issues and shortages experienced by VCAAA clients.

6. **Adjournment** – The meeting was adjourned at 12:29 p.m.
TO: VCAAA Advisory Council Members

FROM: John Gardner, Committee Chair

DATE: February 12, 2020

SUBJECT: Community Partners Resource Ad-Hoc Committee Report from February 12, 2020

Committee Members Present
Bill Cuneen
John Gardner
Suz Montgomery
Loretta Allen
Lori Harasta
Rose Gossom
Sylvia Taylor Stein

Committee Members Absent
Ari Larson

VCAAA Staff Present
Victoria Jump
Monique Nowlin

1. Call to Order – The meeting was called to order at 1:30 pm by ad-hoc committee chair, John Gardner.

2. Welcome and Introductions – John welcomed committee members. There were no guests in attendance.

3. Public Comments – No public comments were made.

4. Review of Committee Purpose: The purpose of the Ad-Hoc committee was discussed. The committee was renamed the community partners resources committee.

The purpose of the committee was discussed
a) Identify community partners - The committee discussed determining what community partners are doing and what their needs are. This includes identifying community partners who provide one or more of the services provided by VCAAA and other needed community services not provided by
VCAAA that fall within scope of VCAAA charter. Community partners are defined as non VCAAA and non-government that might include faith-based organizations, non-government non-profit organizations, private foundations, private individuals. Community is defined as Ventura County. The committee will develop a survey that will be sent to faith-based organizations, non-profits, and service clubs/groups. This work will be part of phase one.

b) Determine what they are doing and what their needs are - The committee also discussed how to determine and deliver the strategies needed to meet their needs which will include an event. This will include developing a matrix of who is doing what and identified needs.

c) Determine and delivery the strategies needed to meet their needs which will include an event. This may also include developing a mechanism to:
   - Provide needed training / coaching to community providers in the areas identified
   - Provide broad based training to all service providers about the overall and broad-based needs of at risks populations that include their physical, mental and spiritual well-being

The event will be held in 2021 as much work needs to be done prior on the survey, matrix and identification of needs. For the next meeting, members were tasked with coming back with lists of faith-based organizations, nonprofits and demographics that may help narrow the focus. Staff was directed to develop a simple survey for the group to review at the next meeting.

5. Other Business - None discussed.

6. Other Committee Involvement/Notification – None discussed.

7. Next Meeting Schedule – The next scheduled meeting is March 11, 2020 after the Transportation and Health and Nutrition Committee meetings.

8. Adjournment – The meeting was adjourned at 2:35 pm by chair, John Gardner.
TO: VCAAA Advisory Council Members
FROM: Karen Gorback, Committee Chair
DATE: February 22, 2020
SUBJECT: Workforce Committee Report from February 18, 2020

Committee Members Present
Ari Larson
Suz Montgomery
Toni Olson
Karen Gorback

Committee Members Absent
Loretta Allen
Deidre Daley
Joyce Pinkard

VCAAA Staff Present
Victoria Jump

1. **Call to Order** – The meeting was called to order at 8:00 am by committee chair, Karen Gorback.

2. **Welcome and Introductions** – Karen welcomed committee members. There were no guests in attendance.

3. **Public Comments** – No public comments were made.

4. **Review of PowerPoint**: Karen went over the PowerPoint that she developed, and committee members made suggested changes and additions. The intent is for the presentation to be taught by volunteers and for each community to make it their own.

   The following presentations have been scheduled:
   - Workshop "Get That Job!"  -- **Thursday, April 2 at VCAAA 9 am - noon**
   - Workshop "Get That Job!"  -- **Friday, June 12, 9 am - Noon at Goebel Center in Thousand Oaks**

   The committee discussed signup and marketing for the event. VCAAA staff was instructed to develop a marketing postcard for the event and use social media and
other means to advertise the event. The committee also discussed age discrimination as well as elevating the role of older workers which will be done in conjunction with the national hire an older worker week in September. Staff will work with the Board of Supervisors on a resolution.

5. **Other Business** - None discussed.

6. **Other Committee Involvement/Notification** – None discussed.

7. **Next Meeting Schedule** – The next scheduled meeting is April 14, 2020 from 8 – 10 am at the VCAA.

8. **Adjournment** – The meeting was adjourned at 9 am by chair, Karen Gorback.
Agenda Item #6.4

TO: VCAAA Advisory Council Members

FROM: Sue Tatangelo – Chairperson

DATE: February 12, 2020


Committee Members Present
Loretta Allen
Smita Dandekar
John Gardner
Rose Gossom
Lori Harasta
Maria Munguia
Alice Sweetland
Sue Tatangelo

Committee Members Absent
Toni Olson
Rebecca Morales
Ari Larson

VCAAA Staff Present
Victoria Jump
Joaquin Serrato

1. Call to Order – The meeting was called to order at 12:00 pm. A quorum was present.

2. Review of Health and Nutrition Revised Goal Matrix - The committee reviewed the revised goal matrix regarding goal number 1 and made additional changes.

Goal 1 - Promote population health through community engagement and increase public awareness of the food insecurity issues facing seniors in Ventura County and promote nutrition counseling and education to ensure that older adults have access to nutritional meals, fresh fruits, and vegetables; as well as information to make healthy choices.

<table>
<thead>
<tr>
<th>Objectives</th>
<th>Steps</th>
</tr>
</thead>
<tbody>
<tr>
<td>Expand nutrition counseling and education to all communities in</td>
<td>Pull stats and determine which area is most in need – Q data, food</td>
</tr>
<tr>
<td>conjunction with fall prevention evidence-based classes</td>
<td>insecurity data by community</td>
</tr>
</tbody>
</table>
| Create awareness of programs and provide list of available places to get food | 1. Get a copy of the Human Services Agency food sites and determine if list is okay to provide or if more research is needed. Develop flyer and outreach in regard to the nutrition program.  
2. Duplicate and/or modify and rebrand list.  
3. Expand number of nutrition placemats. |
|---|---|
| Increase participation in the senior nutrition program targeting those most in need and underserved communities. | 1. Provide input into FY 2020-2021 RFP for the SNP program regarding meals to be served in each community.  
2. Eliminate any wait lists for current program.  
3. Determine where the needs are:  
   a) Look at Cal fresh recipients over 60 by city.  
   b) Look at Medi-cal aid codes by city over 60 for disability? IH, 14, 17.  
4. Collaborate with Human Services Agency and put program outreach materials into application packets.  
5. Address capacity with existing partners and looking outside of meal program if necessary.  
6. Provide language regarding the nutrition program for newsletters. |
| Reduce food insecurity for older adults as well as older adults with medically complex conditions through medically tailored meals | 1. Explore how other AAA’s have offered medically tailored meals through the senior nutrition program.  
2. Determine need for program.  
3. Determine feasibility and scope of program. |

3. Discussion and Recommendation to the Advisory Council about the Senior Nutrition Program RFP for FY 2020-2021 through FY 2023-2024. The committee determined that the priority should be isolated individuals on the home delivered meal program. Additionally, all cities would be provided an increase of 10% increase from FY 2019-2020 baseline meal counts. Additional funding would go towards communities most in need and considered underserved.

A total of 266,540 meals is proposed to be served for a total cost of $1,889,389.
The break down is below:
<table>
<thead>
<tr>
<th></th>
<th>Proposed Number of Meals FY 2020-2021 - 10% increase</th>
<th>Additional Targeted Meals</th>
<th>Proposed Total Meals</th>
<th>Cost per meal - Food</th>
<th>Cost per Meal - Delivery and Service = $3.03</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Camarillo</td>
<td>30,250</td>
<td>30250</td>
<td>$127,655.00</td>
<td>$91,857.50</td>
</tr>
<tr>
<td>2</td>
<td>Fillmore</td>
<td>12,540</td>
<td>12540</td>
<td>$52,918.80</td>
<td>$37,996.20</td>
</tr>
<tr>
<td>3</td>
<td>Moorpark</td>
<td>11,550</td>
<td>11550</td>
<td>$48,741.00</td>
<td>$34,996.50</td>
</tr>
<tr>
<td>4</td>
<td>Oxnard</td>
<td>46,200</td>
<td>7,100</td>
<td>$224,926.00</td>
<td>$139,986.00</td>
</tr>
<tr>
<td>5</td>
<td>Port Hueneme</td>
<td>7,700</td>
<td>7700</td>
<td>$32,494.00</td>
<td>$23,331.00</td>
</tr>
<tr>
<td>6</td>
<td>Santa Paula</td>
<td>18,480</td>
<td>18480</td>
<td>$77,985.60</td>
<td>$55,994.40</td>
</tr>
<tr>
<td>7</td>
<td>Simi Valley</td>
<td>53,900</td>
<td>53900</td>
<td>$227,458.00</td>
<td>$163,317.00</td>
</tr>
<tr>
<td>8</td>
<td>Ventura</td>
<td>27,500</td>
<td>7,100</td>
<td>$146,012.00</td>
<td>$83,325.00</td>
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<tr>
<td>9</td>
<td>Thousand Oaks</td>
<td>14,300</td>
<td>14300</td>
<td>$60,346.00</td>
<td>$43,329.00</td>
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<tr>
<td>10</td>
<td>Ojai</td>
<td>20,900</td>
<td>20900</td>
<td>$88,198.00</td>
<td>$63,327.00</td>
</tr>
<tr>
<td>11</td>
<td>Piru</td>
<td>9,020</td>
<td>9020</td>
<td>$38,064.40</td>
<td>$27,330.60</td>
</tr>
<tr>
<td></td>
<td><strong>Total</strong></td>
<td><strong>252,340.00</strong></td>
<td><strong>14,200.00</strong></td>
<td><strong>266,540</strong></td>
<td><strong>$1,124,798.80</strong></td>
</tr>
</tbody>
</table>

After the 10% increase in meals to every city, additional meals are being allocated to Oxnard and Ventura (14,200 meals) based on three factors:

1. Percentage of low-income people over the age of 60 with incomes below 149% of the Federal poverty level. The rates ranged from 5% to 19%. Cities with rates above 10% were considered to be a priority area.

2. Percentage of the total 60+ population being served. This was calculated based on the number of consumers per meal site in FY 2019-2020. The rates ranged from 1% to 17%. Rates of 2% and below were considered to be a priority area.

3. Proposed average total meals served per person per total population of people over the age of 60. The range was .35 to 36.22. Rates of 1.5 or below were considered to be a priority.

<table>
<thead>
<tr>
<th></th>
<th>Total Population -all ages</th>
<th>Total Population of 60+ (2018)</th>
<th>% Low Income 60+ population (income below 149% percent of the federal poverty level)</th>
<th>% of total 60+ population being served</th>
<th>Proposed average total meals served per person per total pop 60+</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Camarillo</td>
<td>70,449</td>
<td>15,988</td>
<td>11%</td>
<td>2%</td>
</tr>
<tr>
<td>2</td>
<td>Fillmore</td>
<td>19,367</td>
<td>3,247</td>
<td>9%</td>
<td>7%</td>
</tr>
<tr>
<td>3</td>
<td>Moorpark</td>
<td>37,738</td>
<td>6,921</td>
<td>5%</td>
<td>2%</td>
</tr>
<tr>
<td>4</td>
<td>Oxnard</td>
<td>244,530</td>
<td>34,538</td>
<td>19%</td>
<td>1%</td>
</tr>
<tr>
<td>5</td>
<td>Port Hueneme</td>
<td>22,173</td>
<td>3,515</td>
<td>9%</td>
<td>1%</td>
</tr>
<tr>
<td>6</td>
<td>Santa Paula</td>
<td>32,889</td>
<td>4,729</td>
<td>12%</td>
<td>8%</td>
</tr>
<tr>
<td>7</td>
<td>Simi Valley</td>
<td>131,046</td>
<td>27,426</td>
<td>11%</td>
<td>3%</td>
</tr>
<tr>
<td>8</td>
<td>Ventura</td>
<td>115,360</td>
<td>25,845</td>
<td>15%</td>
<td>2%</td>
</tr>
<tr>
<td>9</td>
<td>Thousand Oaks</td>
<td>160,500</td>
<td>41,297</td>
<td>10%</td>
<td>2%</td>
</tr>
<tr>
<td>10</td>
<td>Ojai</td>
<td>28,399</td>
<td>8,775</td>
<td>16%</td>
<td>2%</td>
</tr>
<tr>
<td>11</td>
<td>Piru</td>
<td>1,806</td>
<td>249</td>
<td>10%</td>
<td>17%</td>
</tr>
<tr>
<td></td>
<td><strong>Total</strong></td>
<td><strong>864,257.00</strong></td>
<td><strong>172,531.00</strong></td>
<td><strong>13%</strong></td>
<td><strong>2%</strong></td>
</tr>
</tbody>
</table>
Staff also reviewed the consumer price index in order to make adjustments to the cost of food and the cost of serving and delivering food. The recommended CPI cost increase is 3.50% which is applied to the food cost as well as the meal service (serving congregate meals and providing the home delivered meal).

**CPI Los Angeles Area - January 2020 (Released Feb 13, 2020)**
CPI - Food cost Increase for 12 months 3.50%

**Non-Food**
All items (less food and energy) CPI increase for 12 months* 2.70%
*Does not include Minimum Wage increase effective January 1, 2020.
Minimum wage increase $12.00 to $13.00 - rate^ 8.97%
^Rate includes 6.25% FICA & 1.40% Medicare

**Recommended Non-food Cost Increase** 3.50%

<table>
<thead>
<tr>
<th></th>
<th>Congregate Meal</th>
<th>Home Delivered Meal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meal Service FY1920</td>
<td>$2.75</td>
<td>$3.00</td>
</tr>
<tr>
<td>Apply CPI &amp; Min Wage Increases</td>
<td>3.50%</td>
<td>3.50%</td>
</tr>
<tr>
<td><strong>Recommended Meal Service Rates for FY2021</strong></td>
<td><strong>$2.85</strong></td>
<td><strong>$3.11</strong></td>
</tr>
</tbody>
</table>

**Actual YTD Food Cost per Meal through January 2020~** $4.08
Apply CPI increase for Food 3.50%
Recommended Food Cost per Meal for FY2021 **$ 4.22**
~ FY1819 Food cost per meal was $3.87

4. **Future Meeting Schedule** – The next meeting is March 11, 2020 after the Advisory Council meeting

5. **Adjournment** – The meeting adjourned at 1:15 pm
TO: VCAAA Advisory Council Members

FROM: Brian Murphy, Fiscal and Contracts Manager

DATE: March 6, 2020

SUBJECT: Staff Recommendation to Provide Additional One Time Only Funds for FY 2019-2020 to Current Grant Recipients.

The California Department of Aging advised the agency that additional funds were being allocated to the VCAAA. The funding includes the following:
- Title IIIE - Family Caregiver - $62,371
- Ombudsman (Title IIIB; Title VII) - $4,988
- Title IIIC1 (Congregate) - $107,724
- Title IIIC2 (Home Delivered) - $140,652

This one-time only funding = $315,735 must be allocated and spent by June 30, 2020. **Staff is recommending** that the Advisory Council approve the list of one-time only proposed amounts and purpose as listed below.

<table>
<thead>
<tr>
<th>Funding Source</th>
<th>Proposed Amount</th>
<th>Purpose</th>
<th>Vendor/Agency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title IIIE</td>
<td>$31,176</td>
<td>To provide 6 home adaptations and 176 hours of caregiver support groups; and 1,138 hours of in-home supervision to family caregivers.</td>
<td>Senor Concerns</td>
</tr>
<tr>
<td>Title IIIE</td>
<td>$31,195</td>
<td>To provide 125 hours of caregiver training; 9 home adaptations and 18 assistive devices; 276 hours of in-home respite; and 200 hours of adult day care to family caregivers; total = $20,000. Additional service units to be determined (in the amount of $11,195)</td>
<td>Camarillo Health Care District</td>
</tr>
<tr>
<td>Ombudsman (Title IIIB)</td>
<td>$2,971</td>
<td>To provide support for the ombudsman program</td>
<td>Long Term Care Services</td>
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<tr>
<td>Ombudsman (Title VIIA)</td>
<td>$2,017</td>
<td>To provide support for the ombudsman program</td>
<td>Long Term Care Services</td>
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<tr>
<td>Funding Source</td>
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<tr>
<td>Title III/C1/C2</td>
<td>$35,780</td>
<td>6,600 Meals $20,175; Refrigerator, Freezer, Non-food Supplies $14,404; Uniforms: hats, aprons, shirts $1,201.</td>
<td>Camarillo Health Care District</td>
</tr>
<tr>
<td>Title III/C1/C2</td>
<td>$10,206</td>
<td>1,000 Meals $4,175; Refrigerator, Ice Maker, Utility Cart; Food Mixer &amp; Misc. Non-food Equipment items Pots, Pans, Cutlery &amp; Containers, $6,031</td>
<td>City of Fillmore</td>
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<tr>
<td>Title III/C1/C2</td>
<td>$7,067</td>
<td>300 Meals $900; Tables &amp; Freezer $6,167</td>
<td>City of Moorpark</td>
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<tr>
<td>Title III/C2</td>
<td>$13,000</td>
<td>4,500 Meals</td>
<td>City of Oxnard</td>
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<tr>
<td>Title III/C2</td>
<td>$12,179</td>
<td>2,000 Meals $9,413; Food Processor; Coffee Maker; Various Kitchen Implements $2,766</td>
<td>City of Santa Paula</td>
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<tr>
<td>Title III/C2</td>
<td>$2,100</td>
<td>700 Meals $2,100</td>
<td>City of Port Hueneme</td>
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<tr>
<td>Title III/C2</td>
<td>$31,415</td>
<td>5,450 Meals $15,938; Kitchen Floor Mats $2,377; Freezer &amp; Refrigerator $9,892; Electric Thermal Meal Delivery Bags (total 8) $3,209</td>
<td>City of Simi Valley</td>
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<td>Title III/C2</td>
<td>$15,026</td>
<td>Ovens x 2, Tables, Chairs x 200, Sink &amp; Steel Counter Top; Pots/Pans Cutlery/Meat Slicer</td>
<td>City of Ventura</td>
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<tr>
<td>Title III/C2</td>
<td>$9,153</td>
<td>1,500 Meals $5,625; Microwave Oven/Utility Cart/Knives/Cutting Board Rack/Electric Thermal Meal Delivery Bags (total 8) $3,528</td>
<td>Help of Ojai</td>
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<tr>
<td>Title III/C2</td>
<td>$31,050</td>
<td>4,600 Meals $31,050</td>
<td>Brenda's Casamia Restaurant Piru</td>
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<tr>
<td>Title III/C1/C2</td>
<td>$81,400</td>
<td>Food for an additional 20,350 meals</td>
<td>Jordanos</td>
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<td><strong>Sub-total</strong></td>
<td><strong>$248,376</strong></td>
<td><strong>Senior Nutrition OTO Funding</strong></td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$315,735</strong></td>
<td><strong>OTO Funding</strong></td>
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### FY 2019-2020 Advisory Council Committee Membership

<table>
<thead>
<tr>
<th>Advisory Council Member</th>
<th>Transportation</th>
<th>Housing</th>
<th>Health and Nutrition</th>
<th>Workforce</th>
<th>Aging Optimal</th>
<th>Other</th>
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<td>B, D, E</td>
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</table>

**A** – Member of the Planning and Allocation Committee
B – Member of the By-Laws Committee
C - Member of Dementia Friendly Ventura County
D – Member of the VCAAA Foundation
E – Member of the Nominating Committee
<table>
<thead>
<tr>
<th>Date</th>
<th>Advisory Council</th>
<th>Transportation</th>
<th>Housing</th>
<th>Senior Nutrition &amp; Health Issues</th>
<th>Optimal Aging</th>
<th>Employment</th>
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<tbody>
<tr>
<td>March</td>
<td>March 11 9-11 am</td>
<td>March 11*</td>
<td>TBD</td>
<td>March 11*</td>
<td>March 25 2-3 pm</td>
<td>None</td>
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<tr>
<td>April</td>
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<td>April 2 - workshop from 9-12 at the VCAAA</td>
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<td>April 14 8-10 am committee meeting</td>
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<tr>
<td>May</td>
<td>May 13 9-11 am</td>
<td>May 13*</td>
<td>TDB</td>
<td>May 13*</td>
<td>May 27 2-3 pm</td>
<td>None</td>
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<tr>
<td>June</td>
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<td>June 9 9 - 12 pm Workshop at Goebel in Thousand Oaks</td>
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</table>

New Member Orientation will be on February 18, 2020 from 1 – 2 pm in the Garden Room at the VCAAA.

*meets immediately following the Advisory Council meeting.

Reminder - A conference call dial in is available for all committee meetings:
Dial in Number: (515) 606-5381, Access Code: 729620
# Legislative Report

**March 2, 2020**

**CSL Sponsored Bills**

<table>
<thead>
<tr>
<th>Bill #</th>
<th>AUTHOR</th>
<th>SUMMARY</th>
<th>CSL AUTHOR</th>
<th>STATUS</th>
</tr>
</thead>
</table>
| AB 387  | Gabriel| Task force: adverse drug events: prescriptions. This bill would create the Prescription Labeling and Adverse Drug Event Prevention Advisory Task Force. | Gould      | 8/30/19 In Assembly
In committee: Held under submission |
| AB 1853 | Frazier| Health Care: Medical Goods: Reuse Redistribution
This bill would require California Department of Aging (CDA) to establish a 3 year pilot program in the Counties of Contra Costa, Napa and Solano to facilitate the reuse and redistribution of durable medical equipment and home health supplies. | Baginski   | 1/30/20 In Assembly
Referred to Coms. on AGING & L.T.C. and HEALTH. Hearing March 31, 2020. |
| AB 1855 | Frazier| Residential Care Facilities for the Elderly: Emergency and Disaster Plan
This bill requires by July 1, 2022 development and implementation of secure online emergency management database with an emergency disaster technology tool to be maintained and accessible by the emergency response personnel. Additionally, residential care facilities for the elderly would be required to upload their emergency and disaster plans to be the database by July 1, 2023. | Baginski   | 1/30/20 In Assembly
| AB 2503 | Rubio  | Senior citizen housing developments
This bill makes provisions for live in caregivers for tenants in Senior citizen housing developments. | Horne      | 2/20/20 In Assembly
From printer. May be heard in committee March 21 |
<table>
<thead>
<tr>
<th>Bill #</th>
<th>Author</th>
<th>Summary</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>AB 2739</td>
<td>Weber</td>
<td>Medi-Cal: monthly maintenance amount: personal and incidental needs</td>
<td>Wilder 2/21/20 In Assembly From printer. May be heard in committee March 22.</td>
</tr>
<tr>
<td>AB 3110</td>
<td>Jones-Sawyer</td>
<td>Working group: cognitively impaired individuals</td>
<td>Fried 2/24/20 In Assembly Read first time. May be heard in Committee March 23.</td>
</tr>
</tbody>
</table>

### CSL Support Bills 2020

<table>
<thead>
<tr>
<th>Bill #</th>
<th>Author</th>
<th>Summary</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>AB 683</td>
<td>Carrillo</td>
<td>Medi-Cal: eligibility This bill would expand and simplify the list of items to be excluded from the assets test for those Medi-Cal programs still subject to the assets test; and 3. Eliminate the assets test entirely for the Medicare Savings Programs, programs where Medi-Cal pays for an individual’s Medicare premiums and copayments.</td>
<td>1/30/20 In Senate. Read first time. To Com. on RLS. for assignment.</td>
</tr>
<tr>
<td>AB 1962</td>
<td>Voepel</td>
<td>Sales and use taxes: exemption: senior housing. Would amend the Sales and Use Tax Law, by exempting from sales and use tax, the sale of, or the storage, use, or consumption of, building materials and supplies purchased by a qualified person in the construction of specified senior housing.</td>
<td>1/30/20 In Assembly Referred to Com. on REV. &amp; TAX. Hearing 3/9/2020.</td>
</tr>
<tr>
<td>AB 2047</td>
<td>Aguiar-Curry and Limón</td>
<td>Alzheimer’s disease diagnosis and treatment: train-the-trainer toolkit. Directs the Consortium of ten California Alzheimer’s Disease Centers (CACDs) to develop and implement a “train the trainer” model to disseminate the existing Assessment of Cognitive Complaints toolkit for Alzheimer’s and Dementia (ACCT-AD) directly to physicians. By doing this, AB 2047 will increase providers’ ability to provide individuals with an accurate and timely diagnosis.</td>
<td>2/14/20 In Assembly Referred to Com. on HEALTH. Hearing 3/17/2020.</td>
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</table>