VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

July 10, 2019
9:00 a.m. to 11:00 am
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

VCAAA Advisory Council Role – To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA’s mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community-based services where older adults and people with disabilities can age in their community with dignity and respect.

AGENDA

9:00 a.m. 1. Call to Order and Agenda Review

                Suz Montgomery

2. Pledge of Allegiance

                Suz

            Montgomery

3. Approval of Area Agency on Aging Advisory Council Minutes of May 8, 2019

                Suz

            Montgomery

4. Public Comments

                Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

5. Consent Agenda Items

                Suz

            Montgomery

5.1 Senior Nutrition and Health Issues Committee Report from May 8, 2019

5.2 Optimal Aging Committee Report from May 22, 2019

5.3 Housing and Transportation Committee Report from May 8, 2019

DISCUSSION ITEMS/PRESENTATION/MOTION

6.1 Legislative and State and Federal Budget Update

                Victoria Jump
6.2 Discussion regarding the unmet needs of the senior nutrition program, food insecurity and opportunities to address needs. Brian Murphy
Marleen Canniff

6.3 Discussion regarding VCAAA outreach and opportunities Monique Nowlin

6.4 Title 5 Program Update Marleen Canniff

INFORMATIONAL ITEMS

7. Advisory Council Committee Membership FY 2019-2020 (see separate handout to choose) Suz Montgomery


9. Other Committee Meetings:
   a. California Senior Legislature Update Gitt/Gorback Olson
   b. Triple A Council of California Update Sherbok
   c. VCAAA Foundation Update
   d. Dementia Friendly Ventura County

10. Comments from the Chair Suz Montgomery

11. Other Business Suz Montgomery

11:00 am 12. Adjournment Suz Montgomery

The next meeting will be:
Wednesday, September 11, 2019 (9:00 am – 11:00 am)
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.
VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES
Advisory Council Center
646 County Square Drive, Suite 100
Ventura, CA 93003
May 8, 2019

Advisory Council Members Present
Loretta Allen (Thousand Oaks COA)  Clark Owens (Oxnard COA)
Bill Cunneen (Supervisory Appointee) Joyce Pinkard (Supervisory Appointee)
Smita Dandekar (Supervisory Appointee) John Posta (Thousand Oaks COA)
Jay Evans (Camarillo COA) Glenn Rowe (Moorpark COA)
Sandra Fide (Moorpark COA) Martha Shapiro (Service Provider)
Nick Fotheringham (Immediate Past Chair) Marcy Sherbok (Focused Population)
Tony Gitt (CSL) Neill Spector (Simi Valley COA)
Karen Gorback (CSL) Alice Sweetland (Oxnard COA)
Rose Gossom (Supervisory Appointee) Sue Tatangelo (Focused Population)
Suz Montgomery (Ventura CFS) Mike Williams (Service Provider)
Martha Navarrete (SP COA)

Advisory Council Members Absent
Cleo Anderson (Focused Population) Bill Nugent (Ojai COA)
Dani Anderson (Focused Population) Antoinette Olson (Simi Valley COA)
David Birenaum (Supervisory Appointee) Sylvia Stein (Veterans)
Deirdre Daily (Ojai COA)
Lori Harasta (Ventura COA)

VCAAA Staff Present
Marileen Canniff
Victoria Jump
Brian Murphy
Monique Nowlin
Gray Wilking
Sonia Vaughn

1. Call to Order and Review of Agenda - The meeting was called to order at 9:00 a.m. by Vice-Chair Suz Montgomery (Simi Valley COA).

2. Pledge of Allegiance – Suz led the Pledge of Allegiance. A quorum was present.

3. Approval of Area Agency on Aging Advisory Council Meeting Minutes - The minutes of the March 13, 2019, meeting was approved (Sherbok/Owens/Passed). Sue Tatangelo and Jay Evans abstained from voting.

4. Public Comments –
• Suz Montgomery welcome Lorretta Allen and John Posta who are the new Advisory Council members from Thousand Oaks.

5. Consent Agenda Items – The consent agenda containing the Housing and Transportation Committee Report from March 13, 2019, the Senior Nutrition and Health Issues Committee Report from March 13, 2019, and the Optimal Aging Committee Report from March 27, 2019, was accepted. (Tatangelo/Sherbok/Passed).

6. Discussion Items/Presentation/Motion

6.1 VCAAA Nominating Committee Report and Election of Advisory Council Officers for FY 2019-2020 and Election of (1) Service Provider and (3) Focused Population Seat for FY 2019-2021. Rose Gossom presented the report. The following individuals were elected officers for the Advisory Council for FY 2019-2020:

Chair: Suz Montgomery (Ventura)
Vice-Chair: Jay Evans (Camarillo)
Secretary: Karen Gorback (CSL)

The Advisory Council also elected the following people to a new two-year term beginning July 1, 2019 and ending June 30, 2021:

Focused Population Seat - Family Caregivers – Sue Tatangelo
Focused Population Seat - People with Disabilities – Dani Anderson
Focused Population Seat – LGBTQ Older Adults – Marcy Sherbok
Service Provider – Martha Shapiro

The slate as presented for the officers and the reelection of the four sets was accepted with no nominations from the floor (Sherbok/Owens/Passed). The voice vote was unanimous.

6.2 New and Renewal Grants Task Force Report and Recommendations to (1) Award of FY 2019-2020 Title III E FCRC; III B Senior Support Line; Title IIE Pre-Placement Counseling; Title III B, VII A, SDF, Q&A Long Term Care Ombudsman Program; and Title III B, VI B FAST, HICAP Legal Services; and (2) Approve Renewal for FY 2019-2020 Grant Funding for Title IIIC1 and C2 Grantee/Contractor Funding and Related Service Categories Including Service Category Deviations Greater or Less than 10%. Alice Sweetland presented the report with a presentation done by Marleen Canniff.

The following entities were awarded grants effective July 1, 2019 – June 30, 2019, eligible for renewal for another 3 one year terms.
<table>
<thead>
<tr>
<th>Applicant</th>
<th>OAA Funding Category</th>
<th>Project/Service</th>
<th>Annual Grant Amount</th>
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<td>Conejo Valley Senior Concerns</td>
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<td>Supportive Services</td>
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<td>Pre-Placement Counseling – Countywide</td>
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<td>FCSP</td>
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<tr>
<td>Long Term Care Services</td>
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<td>Long Term Care Ombudsman Program – Countywide</td>
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<td>Grey Law</td>
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<td>SOLE SOURCE Legal Services – Countywide</td>
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The following grants in their 3rd year were renewed for another year:

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<th>SNP Service Provider</th>
<th>Funding Source</th>
<th>Project</th>
<th>Grant Amount</th>
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<tbody>
<tr>
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<td>Title III C1 &amp; C2</td>
<td>Senior Nutrition Program</td>
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<td>Title III C2</td>
<td>Senior Nutrition Program</td>
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<td>City of Santa Paula</td>
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<td>Piru - Brenda’s Casamia</td>
<td>Title III C1 &amp; C2</td>
<td>Senior Nutrition Program</td>
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Total Meal Service Funding (229,400 Total Meals): $797,649

Total Jordan’s Food Costs ($4 per meal): $788,776

Total Meal Service & Food Cost: $1,588,425

Recommendations by the taskforce were approved (Sherbok/Evans/Passed) with one vote against the recommendations. Nick Fotheringham, Sue Tatangelo, Mike Williams and Martha Shapiro abstained from voting.

6.3 **Title 5 program update.** Marleen Canniff provided an updated on the Senior Community Service Employment Program, otherwise known as Title 5. The current provider, SER, Jobs for Progress, provided VCAAA with notification that they will not be continuing with the program effective July 1, 2019. Staff is
currently exploring alternatives.

6.4 VCAA A Outreach – PIO Update. Monique Nowlin provided the update.

6.5 Legislative Update – Staff provided an update of bills in Sacramento currently being tracked.

6.6 Council Member Recognition – Nick Fotheringham was honored for his 10 years on the VCAA A Advisory Council.

7. Advisory Council Committee Membership. The list was included for informational purposes.


9. Other Committee Meetings:
   - CSL Update – Karen Gorback provided an update on CSL priorities as well as a bill that she is in the process of writing dealing with older workers and tax credits.
   - VCAA A Foundation - Marcy Sherbok provided an update. A couple of board members will also be attending the National Nutrition Providers Conference in Long Beach in May.
   - Dementia Friendly Ventura County – Staff provided a brief update of committee activities.

10. Comments from the Chair – Suz Montgomery listed her priories for the upcoming year which include transportation, low cost senior housing and advocacy.

11. Other Business – None

12. Adjournment – the meeting was adjourned at 11:12 am (Owens/Williams/Passed).
TO: VCAAA Advisory Council Members

FROM: Sue Tatangelo – Chairperson

DATE: May 8, 2019

SUBJECT: SENIOR NUTRITION & HEALTH ISSUES COMMITTEE REPORT

Committee Members Present
Loretta Allen (Thousand Oaks COA)
Smita Dandekar (Supervisory Appointee)
Karen Gorback (CSL)
Rose Gossoon (Supervisory Appointee)
Alice Sweetland (Oxnard COA)
Sue Tatangelo (Chair – Focused Populator)

Committee Members Absent
Lori Harasta (Ventura COA)
Toni Olson (Simi Valley COA)

VCAAA Staff Present
Marleen Canniff, Grants Administrator
Patti Jaeger, Registered Dietitian
Victoria Jump, Director

Guests
Suzanna Colwell, Simi Valley SNP Meal Service Provider

1. Call to Order – The meeting was called to order at 11:25 p.m. A quorum was present.

Welcome and Introductions

2. Public Comments – None

3. Approval of Minutes from the 1/9/2019 and 3/13/19 Meetings – Approval of the minutes from the prior two meetings passed unanimously.

4. Mission Statement – Future Committee Goals – Sue Tatangelo presented information about the Healthy Brain Initiative, highlighting the importance of educating the public about the 10 warning signs of Alzheimer’s as well as other actionable items. She suggested inviting Erin Slack, Ventura County Health Care Agency Epidemiologist, to the next Senior Nutrition and Health Issues Committee meeting to present data on trends and health issues of seniors, including updated statistics regarding dementia, based on the outcomes of the current needs assessment. This information would be intended to contribute to the planning of the committee’s strategies.

Victoria Jump brought attention to committee members that every four years the Area Agency on Aging must perform a needs assessment. She requested that members
contribute ideas for health-related questions by September 2019 to be included in the coming assessment survey materials.

Members made some revisions to the goals (underlined below) and agreed to continue the discussion of refining the goals at the next meeting.

Proposed Mission (as revised):
To provide guidance to VCAAA and develop strategies to address nutrition, physical activity, and health issues relating to older adults.

Proposed Goals (as revised at the May 8 meeting):
1. Increase public awareness of the food insecurity issues facing seniors in Ventura County and promote nutrition counseling and education to ensure that older adults have access to nutritional meals, fresh fruits, and vegetables; as well as information to make healthy choices.
2. Work toward preventive health measures and fall prevention by identifying chronic disease in communities, educating seniors about flu shots and other immunizations as well as hygiene-related illnesses and diseases, finding solutions for healthier living for seniors, and promoting evidence-based physical activity.
3. Advocate for and improve the current level of health care for Ventura County seniors by continuing to work with health care professionals, stakeholders and service providers.
4. Collaborate with public agencies and other stakeholders on strategies for disaster planning, health emergencies, case management, brain health, caregiver support, and ways to address loneliness and isolation for those living alone.
5. Collaborate with community-based organizations to 1) advocate for mental health and substance abuse programs that serve older adults; 2) support the Dementia Friendly Ventura County movement; and 3) train staff in geriatrics.

5. Community Health Improvement Plan 2018-2020 – Reduce Preventable Hospitalizations. Members recalled discussions from past Health Issues Committee meetings regarding the Faith-Based Organizations Educational Event and agreed, instead, to piggyback onto other already scheduled health fairs in various cities by having a table or booth at these events to share educational materials with targeted groups. Sue Tatangelo discussed spreading the word about the Dementia Friendly Movement and the Healthy Brain Initiative at these events; Alice Sweetland stressed the importance of educating seniors about preventable hygiene-related illnesses and diseases; and Loretta Allen expressed concern about ensuring seniors have
information about where to receive dental services to prevent illnesses and diseases associated with oral health.

6. **Fall Prevention Program – Forum and Other Updates** – Victoria Jump provided an update on the Fall Prevention Program and its use of analytics.

7. **Meal Count and Cost per Meal Year-to-Date** – VCAAA meal sites served 178,256 meals year to date (July 1 through March 31, 2019), which is 98% of the second amended contract amount and 113% of the original baseline contracts. Service levels are projected to continue to increase to 99% by fiscal year end. The average number of congregate meals served per day grew from 303 at the end of Quarter 2 (December 31, 2018) to 309 at the end of Quarter 3 (March 31, 2019), and the average number of home-delivered meals per day grew from 591 to 612 in the same period. Jordonos-supplied meal count is 146,749 YTD, and the non-Jordonos’s meal count is 31,507. While VCAAA’s budgeted food cost is $3.75 per meal, Jordano’s-supplied food cost year to date is at $3.83 (as of the Q3 final report). With the cost of food projected to increase in Fiscal Year 2019-2020, the budget for food will be $4 per meal beginning July 1, 2019. Currently, there are no waitlists for meal services.

As a follow-up to the request at the previous meeting to make clearer eligibility requirements of services on the website by indicating if the program is “Not Income Based” or “May Depend on Income,” staff reported that the description for the Senior Nutrition Program on vcaaa.org has been updated to state that meal services are “Not Income Based.” Staff discussed plans to update all services on the website to make this distinction.

8. **SNP Renewal Applications** – Senior Nutrition Program FY 2019-2020 Grant Renewal recommendations were presented at the Advisory Council meeting prior to this committee meeting. AC members approved all renewals with stated contingencies.

9. **Shelf-Stable Meals/Emergency Food Program**
   Patti Jaeger, VCAAA Registered Dietitian, presented conclusions about which meal replacement drink her research showed would be best for those who are too frail or ill to eat a regular diet. She suggests VCAAA use Ensure Max Protein Nutrition Shake, due to it having extra protein and being low-sodium, low-sugar, gluten-free, suitable for lactose intolerance, and providing 11 ounces of substance as opposed to other options that provide only 8 ounces. Patti and Marleen will meet to discuss program parameters and to identify eligible participants to ensure this is the healthiest option for the identified population and that this product will be provided to individuals who don’t have an insurance plan that covers meal replacement drinks.

*Receiveable: Staff will present its conclusions about program parameters for the Meal Replacement Drinks Program and eligibility requirements at the next Senior Nutrition and Health Issues Committee Meeting for discussion.*

10. **VCAAA Foundation Update**
11. Other Committee Involvement/Notification
None

12. Other Business
None

13. Future Meeting Schedule
The next Senior Nutrition & Health Committee Meeting is scheduled for **Wednesday, July 10, 2019, at 11 a.m.** or immediately following the Advisory Council Meeting. SNHI Committee meetings are scheduled for the second Wednesday of every other month immediately following the Advisory Council Meetings.
   September 11, 2019
   November 13, 2019

14. Adjournment – The meeting adjourned at 12:25 p.m.
TO: VCAAA Advisory Council Members

FROM: Jannette Jauregui, VCAAA Staff

DATE: May 24, 2019

SUBJECT: Optimal Aging Committee Report from May 22, 2019

Committee Members Present
Bill Cunneen
Toni Olson
Martha Shapiro
Sylvia Taylor Stein
Alice Sweetland

Committee Members Absent
Rose Gossom
Lori Harasta
Martha Navarette

VCAAA Staff Present
Jannette Jauregui

1. Call to Order – The meeting was called to order at 2:02 p.m. by committee chair, Sylvia Taylor Stein.

2. Welcome and Introductions – Sylvia welcomed committee members. There were no guests in attendance.

3. Public Comments – No public comments.

4. Discussion of Revisions to LEGACY Award Guidelines – The committee reviewed the changes Jannette made to the award guidelines, and reviewed the nomination packet in full, which also includes a nomination form and marketing flyer. Toni moved to approve the nomination packet. Alice seconded the motion. The LEGACY Award nomination packet was unanimously approved. The nomination packet will be distributed to the public on June 3rd with a deadline of July 15th. The Awards will be given out at the September Advisory Council Meeting.

The committee expressed interest in ensuring that elected officials receive the nomination packet and, if possible, be invited to attend the award distribution in
September. The committee also requested that the awards be distributed at the beginning of the September Advisory Council meeting.

5. **Other Business** - None discussed.

6. **Other Committee Involvement/Notification** – Martha Shapiro discussed the By-Laws committee and mentioned the need for an onboarding process and/or orientation for new Advisory Council members. Jannette mentioned that she would follow-up with Victoria Jump (VCAAA Director) and Monique Nowlin (VCAAA Deputy Director) regarding ways this might be implemented.

7. **Next Meeting Schedule** – The next meeting is scheduled for July 24th, 2019, at 2 p.m.

8. **Adjournment** – The meeting was adjourned at 3:04 p.m. by chair, Sylvia Taylor Stein.
TO: VCAAA Advisory Council Members

FROM: Jay Evans, Chair

DATE: May 8, 2019

SUBJECT: Housing and Transportation Committee Report from May 8, 2019

<table>
<thead>
<tr>
<th>Committee Members Present</th>
<th>Committee Members Absent</th>
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<tbody>
<tr>
<td>Clark Owens</td>
<td>Suz Montgomery</td>
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<td>Nick Fotheringham</td>
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<td>Joyce Pinkard</td>
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<td>Martha A. Navarrete</td>
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<td>Marcy Sherbok</td>
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<td>Jay Evans</td>
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<thead>
<tr>
<th>VCAAA Staff Present</th>
<th>Guests</th>
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<tbody>
<tr>
<td>Monique Nowlin</td>
<td>None</td>
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<td>Brian Murphy</td>
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<td>Jason Sagar</td>
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<td>Sonia Vaughn</td>
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1. **Call to Order** – The meeting was called to order at 11:11 a.m. by the Chair, Jay Evans. A quorum was present.

2. **Welcome and Introductions** – Jay introduced Joyce Pinkard as the latest Committee member to join and Monique Nowlin introduced Sonia Vaughn, I&A Call Center Manager.

3. **Public Comments** – Martha Navarrete discussed that there continues to be a shortage of affordable housing for seniors, particularly in the Santa Paula area. She stated perhaps the VCAAA or the Committee could strategize other ways to help seniors. For instance, reaching out to Clearwater at Riverpark in Oxnard and finding out if they would be willing to donate 1 or 2 unused units in exchange for what the senior could afford until that unit is rented out.

4. **Follow Up to VCTC Public Meetings** – Tony Gitt was the only Committee member present that had attended a VCTC public meeting and he provided an overview of his attendance and what transpired. Tony also discussed his concern for the ongoing need for door through door transportation and stated that there are not enough options nor enough drivers, due to turnover. Jay stated we can continue to discuss this issue at a
later date.

5. **Update on Transportation – Usage and Inventory** – Jason Sagar and Brian Murphy presented the fiscal projection and discussed the deficit in some of the tickets and medi-rides due to the high demand by the public; usage has doubled. Jay suggested for next fiscal year, VCAAA should create a budget based on this fiscal year’s usage and allocate tickets based on that formula to prevent running out of tickets and medi-rides again next fiscal year. Martha concurred with Jay’s statement. Brian stated although difficult to do, VCAAA will look into this solution.

6. **Review of Area Plan Strategies** - Tabled

7. **Faith Based Educational Symposium on Housing & Transportation for Older Adults** – Tabled

8. **Discuss Future Committee Goals** – Tabled

9. **Adjournment** – The meeting was adjourned at 12:35 p.m.
## FY 2019-2020 Advisory Council Committee Membership

<table>
<thead>
<tr>
<th>Advisory Council Member</th>
<th>Transportation &amp; Housing</th>
<th>Senior Nutrition &amp; Health Issues</th>
<th>Optimal Aging</th>
<th>Other</th>
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<td>Anderson, Dani</td>
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<td>Spector, Neill</td>
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<td>Sweetland, Alice</td>
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<td>Tatangelo, Sue</td>
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<td>Taylor Stein, Sylvia</td>
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<td>Williams, Mike</td>
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<td>B, D, E</td>
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A – Member of the Planning and Allocation Committee  
B – Member of the By-Laws Committee  
C - Member of Dementia Friendly Ventura County  
D – Member of the VCAAA Foundation  
E – Member of the Nominating Committee
<table>
<thead>
<tr>
<th>Date</th>
<th>Advisory Council</th>
<th>Transportation &amp; Housing</th>
<th>Senior Nutrition &amp; Health Issues</th>
<th>Optimal Aging</th>
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<td>July 10 9-11 am</td>
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<td>July 31 2-3 pm</td>
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*meets immediately following the Advisory Council meeting.

Reminder - A conference call dial in is available for all committee meetings:
Dial in Number: (515) 606-5381, Access Code: 729620
Governor Gavin Newsom Calls for Creation of a Master Plan for Aging

Governor’s executive order calls for the Secretary of the Health and Human Services (HHS) Agency to convene a cabinet-level Workgroup for Aging to advise the Secretary in developing and issuing the Master Plan.

The order also directs HHS to convene a Master Plan for Aging Stakeholder Advisory Committee, which will include a Research Subcommittee and a Long-Term Care Subcommittee with an interest in building an age-friendly California.

SACRAMENTO – Recognizing that California’s over-65 population is projected to grow to 8.6 million by 2030, Governor Gavin Newsom today signed an executive order calling for the creation of Master Plan for Aging to be developed by October 1, 2020. The Master Plan will serve as a blueprint that can be used by state government, local communities, private organizations and philanthropy to build environments that promote healthy aging.

“The Golden State is getting grayer and we need to be ready for the major population changes headed our way,” said Governor Newsom. “An aging population will introduce new opportunities for economic and community growth but also drive increased health and long-term care costs. We need a plan that brings everyone to the table – local communities, labor, private sector and philanthropy – to help us understand what’s coming and guide us toward taking better care of older Californians.”

The Governor’s action today directs the Secretary of the California Health and Human Services Agency to convene a cabinet-level Workgroup for Aging to advise the Secretary in developing and issuing the Master Plan. Additionally, the California Health and Human Services Agency, along with other state partners, will convene a Master Plan for Aging Stakeholder Advisory Committee, which will include a Research Subcommittee and a Long-Term Care Subcommittee, with an interest in building an age-friendly California. These subcommittees are expected to include older Californians, adults with disabilities, local government representatives, health care providers, health plans, employers, community-based organizations, foundations, academic researchers and organized labor. The Long-Term Care Subcommittee is tasked with issuing a report to the Governor by March 2020 on stabilizing state long-term care programs and infrastructure, including In-Home Supportive Services, with the full Master Plan completed by October 2020.

The Workgroup’s focus will go beyond just the health and human services area. The academic research is clear: underlying social factors, such as transportation and housing, have a significant impact on an individual’s health outcomes and well-being. Additionally, the Master Plan will look beyond public programs and be inclusive of all older Californians.
There are many older Californians that don’t utilize or have access to public programs and services the state administers and this Master Plan must include them too.

Governor Newsom first called for the creation of the Master Plan for Aging during his State of the State Address. He said that “it must address: person-centered care, the patchwork of public services, social isolation, bed-locked seniors in need of transportation, the nursing shortage, and demand for In-Home Supportive Services that far outpaces its capacity.”

In the coming weeks and months, the Administration will engage with stakeholders, local and county government partners and the Legislature to begin meaningful progress in establishing the Master Plan for Aging.

A copy of the executive order can be found here.

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**Insurance Commissioner Ricardo Lara scheduled to address the CCoA in June**

California Insurance Commissioner Ricardo Lara will address the California Commission on Aging at its June 18th meeting in Thousand Oaks. Commissioner Lara will focus his remarks on his work to address problems in the long-term care insurance market, as well as the Department of Insurance’s work to prevent insurance scams and other types of fraud against older adults.

In a recent opinion piece, Commissioner Lara pointed to the Department of Insurance’s efforts to make long-term care insurance more affordable by requiring that rates are proven to be actuarially sound as well as requiring greater disclosures from insurers.

Commissioner Lara expressed his commitment to address these problems in light of the growing older adult population and widespread concerns that many do not have adequate resources to cover their long-term care needs. The full commentary published by the Southern California Newsgroup can be found here: “It’s Time to Address California’s Long Term Care Crisis.”

The California Commission on Aging will meet June 18th and 19th at the Thousand Oaks Inn, 75 W. Thousand Oaks Blvd. in Thousand Oaks. Meetings of the Commission on Aging are open to the public; agendas are available here.
Now Available: 2018 Profile of Older Americans

The Profile of Older Americans is an annual summary of critical statistics related to the older population in the United States. Relying primarily on data offered by the U.S. Census Bureau, the Profile illustrates the shifting demographics of Americans age 65 and older. It includes key topic areas such as income, living arrangements, education, health, and caregiving. The 2018 Profile also incorporates a new special section on emergency and disaster preparedness.

View/download the 2018 Profile

Also available on this page are the 2018 data tables (Excel) and reports from previous years. We encourage you to share this link with partners, networks, and consumers.

Select Data Highlights:

- More than 15% of the U.S. population are older adults.
- Over the past 10 years, the population age 65+ increased 34%, from 37.8 million to 50.9 million, and is projected to reach 94.7 million in 2060.
- The age 85+ population is projected to increase 123% from 2017 to 2040.
- From 2007 to 2017, racial and ethnic minority populations increased from 7.2 million (19% of older adults) to 11.8 million (23%), and are projected to reach 27.7 million in 2040 (34%).
- Currently, persons reaching age 65 have an average life expectancy of an additional 19.5 years.
- Older women outnumber older men at 28.3 million to 22.6 million, respectively.
- A larger percentage of older men (70%) are married as compared with older women (46%).
- Approximately 28% (14.3 million) of older persons live alone.
- Among adults age 75+, 42% report television is their first source of emergency information as compared with 31% for the total population. The percentage of older adults receiving information from the internet (9%) is much lower than for the total population (31%).

Notes: Principal sources of data for the Profile are the U.S. Census Bureau, the National Center for Health Statistics, and the Bureau of Labor Statistics. The Profile incorporates the latest data available. Not all items are updated on an annual basis. The Profile includes data on the 65 and over population unless otherwise noted. The phrases “older adults” or “older persons” refer to the population age 65 and over. Numbers in this report may not add up due to rounding.

Congress Considering OAA Reauthorization

Use n4a’s OAA Advocacy Toolkit to Engage Your Lawmakers and Grassroots Advocates

May 31, 2019

The current Older Americans Act authorization—signed into law in April 2016—expires at the end of September, which means Congress will have to once again reauthorize the law to keep programs up to date. This spring, key lawmakers and congressional staff have been working with national and local advocates, including your n4a policy team, to learn more about aging issues and to consider Older Americans Act reauthorization proposals.
Earlier this month, n4a member Larry Gross from the Southern Maine Area Agency on Aging testified at a hearing held by the Senate Special Committee on Aging to learn about important issues that should be addressed during the reauthorization process. The following week, n4a Board member Lee Girard, AAA Director from Multnomah County Aging, Disability and Veterans Services in Portland, OR, testified during a hearing held by the House Education and Labor Subcommittee on Civil Rights and Human Services, which has legislative jurisdiction over OAA reauthorization. And as our Legislative Updates for n4a members have explained, n4a staff have been working very closely with key congressional offices as they draft legislative language.

The recent hearings held in the Senate and House have formally kicked off the legislative process to develop a comprehensive OAA reauthorization proposal. It will be critical in the coming weeks for lawmakers to learn about the Act and hear from local advocates!

To assist your outreach and advocacy efforts, n4a has prepared an OAA Reauthorization Toolkit for advocates. Check out n4a.org/OAA where you can find:

- social media messages and images;
- a one-pager fact sheet about the Act;
- n4a’s Recommendations for Reauthorization (and any future official positions that n4a will take on reauthorization as the process continues);
- templates that can be used to write a letter to the editor to local news outlets, grassroots outreach and your own advocacy messages to federal legislators;
- background on the Act, including a timeline of milestones in the OAA’s history; and
- OAA talking points and congressional visit tips!

Now is the perfect time to engage your members of Congress! One way to keep your issues top of mind for members of Congress and their staff is to ask your grassroots to act, too. We need Congress to hear directly from their constituents who benefit from the OAA programs and services that you deliver.

Start Advocating TODAY for OAA!

Use n4a’s advocacy resources at n4a.org/OAA to engage your members of Congress and grassroots advocates! You can do any/all of the below to get started!

1. **Send an email or letter to your Representatives and Senators.** Use n4a’s template letter to get started educating your Members of Congress. It is particularly important that lawmakers hear from you if they serve on the Senate HELP and/or Aging Committee(s) or the House Committee on Education and Labor, which all have jurisdiction over OAA in Congress (see our list). Don’t forget to personalize the letter to suit your agency and community!

2. **Engage your Members of Congress on social media.** Use n4a’s social media toolkit and images on Facebook and Twitter to spread the word about the importance of OAA reauthorization.
3. **Share the OAA Facts with lawmakers and your grassroots.** n4a has created a one-pager on the value of OAA that you can share with a wide audience of local stakeholders to raise awareness about the critical role that OAA plays and what we need to do in this reauthorization.

4. **Ask your grassroots to email/post a short social media note to lawmakers.** Members monitor their email/website traffic for constituent correspondence, and personal messages resonate most. Ask your grassroots advocates to share why OAA is important to them. Modify our template grassroots alert to get the word out.

5. **Share stories in person.** Encourage your advocacy stakeholders to attend a townhall meeting the next time your Representative or Senator is in the district or state (May 27-31 or July 1-5) to share how important OAA services are to older adults and caregivers in your community. Better yet, invite your members of Congress to come see your agency in action and meet some of their constituents who receive OAA services!

6. **Engage the media.** Your local media outlets can be important partners to raise visibility and awareness of the Act in your community. Get started by using n4a’s template Letter to the Editor to engage local media about the importance of OAA reauthorization.

We need all AAAs, Title VI Native American programs and local allies to raise their voices to build congressional and public awareness about the Older Americans Act and the importance of reauthorizing these bipartisan, trusted programs. **We must ensure that all members of Congress know that OAA enables their older constituents and their caregivers to age with health, well-being, dignity and independence in their districts and states.**

More advocacy resources are available on n4a’s OAA reauthorization campaign page and toolkit! Stay tuned for more updates from n4a, and thank you for your advocacy on this important issue!

If you have questions or concerns about this Advocacy Alert or n4a’s policy positions, please contact Autumn Campbell at acampbell@n4a.org and Amy Gotwals at agotwals@n4a.org.

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Upcoming Events


August 27-28, 2019 – California Commission on Aging Meeting. San Jose, CA. Agenda at www.ccoa.ca.gov


November 19-20, 2019 – California Commission on Aging Meeting. Los Angeles, CA. Agenda at www.ccoa.ca.gov

Triple-A Council of California elects New President and Vice President

Clinton Davis and Bobbie Wartson were elected on June 5th to lead the Triple-A Council of California (TACC) for the next year.

TACC is a volunteer organization established in the Older Californians Act to represent the 33 Area Agencies on Aging Advisory Councils.

The mission of TACC is to promote communication and collaboration among local advisory councils, and key state partners, to -

- Educate through the exchange of information, ideas, trends, and models of service delivery,
- Advocate on issues of concern in local/state planning processes, and
- Strengthen the advocacy effectiveness and leadership skills of local advisory councils.

AGEWATCH is an occasional publication of the California Commission on Aging (CCoA) intended to inform, educate, and advocate. The CCoA is an independent state agency established in 1973 to serve as the principal state advocate on behalf of older Californians. The CCoA office is located at:
1300 National Drive, Suite 173,
Sacramento, CA 95834
(916) 419-7591
www.ccoa.ca.gov

to Unsubscribe email ccoaagewatch@gmail.com
2019-2020 COMMITTEE PREFERENCE

Name: ______________________________________________________

Current Advisory Council by-laws call for all council members to participate on committees in order to stay better informed as to the needs of older adults and persons with disabilities. Please select your committee preferences for FY 2019-2020 and return to the VCAAA by July 30, 2019. You may continue with your present choice and add or change to another choice.

<table>
<thead>
<tr>
<th>Committee</th>
<th>Focus of the committee</th>
<th>Membership</th>
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<tbody>
<tr>
<td>Housing and Transportation</td>
<td>This committee focuses on affordable housing issues and transportation issues. This committee meets 6 times a year directly after the Advisory Council.</td>
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<tr>
<td>Senior Nutrition and Health</td>
<td>This committee focuses on issues regarding health issues relating to older adults and people with disabilities as well as nutrition and food insecurity. This committee meets 6 times a year directly after the Advisory Council.</td>
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</tr>
<tr>
<td>Planning and Allocation Committee</td>
<td>This committee focuses on working with AAA staff and to determine grant funding and program development in the Spring. This committee includes selected members of all standing committees. This committee meets as needed.</td>
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<tr>
<td>Optimal Aging Committee</td>
<td>This committee addresses the positive aspects of aging. This committee explores and recommends methods, programs, services and educational tools that will encourage and inspire older adults to enhance the quality of their lives; maintain their identity and independence; and foster self-direction. This committee meets six times a year.</td>
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<tr>
<td>By-Laws Committee</td>
<td>This committee will finish meeting the summer of 2019 to finalize by-laws changes and then will be dormant until Spring 2021.</td>
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Please note that if you are part of Dementia Friendly Ventura County or a member of the VCAAAQ Foundation your membership will be listed on the committee roster.