VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

January 11, 2017
9:00 a.m. to 10:30 a.m.
Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura (805) 477-7300

AGENDA

9:00 a.m. 1. Call to Order and Agenda Review
           Toni Olson

2. Pledge of Allegiance
   Toni Olson

3. Approval of Area Agency on Aging Advisory Council Minutes of
   November 9, 2016 (page 1)
   Toni Olson

4. Public Comments
   Procedure: The public is welcome to comments. All comments not
   related to items on the agenda may be made at the beginning of the
   meeting only. Comments are limited to three minutes per person.

5. Consent Agenda Items
   Toni Olson
   5.1 Livable Communities Report from November 9, 2016 (page 5)
   5.2 Health Issues Committee Report from November 15, 2016 (page 7)
   5.3 Outreach Committee Report from November 29, 2016 (page 9)
   5.4 Senior Nutrition Committee Report from November 21, 2016 (page 11)
   5.5 Legislative Committee Report from November 9, 2016 (page 15)

DISCUSSION ITEMS/PRESENTATION/MOTION

9:15 a.m. 6.1 Dementia and Alzheimer’s Disease in Ventura County
           Erin Slack

           6.2 1st Year Grantee Presentation – Senior Nutrition Program
           Marleen Canniff and various providers

           6.3 Planning and Allocation Committee Report and Recommendation to
               Increase Existing Contracts to Provide Additional Services with One-
               Time Only FY 2016-2017 funds; Decrease the Senior Nutrition
               Contract with the City of Ventura Due to Fewer Meals Being Served;
               Provide One-Time-Only Funds to the Area Agency on Aging to
               Provide Additional Transportation Services, Evidence Based Classes,
               Outreach to Family Caregivers and Printing of Life Guides; and Roll
               Over $23,631 in Senior Nutrition Funds from FY 2016-2017 to FY
               2017-2018. (page 19)
6.4 Recommendation to Approve Changes to the VCAAA By-Laws and Forward to the Board of Supervisors for Approval (page 25)  

INFORMATIONAL ITEMS

   - Victoria Jump

8. Other Committee Meetings:
   a. California Senior Legislature Update  
   b. Triple A Council of California Update  
   - June Glasmeier

9. California Commission on Aging AgeWatch for December 2016  
   - Toni Olson

10. Comments from the Chair  
    11. Other Business  
    12. Adjournment  
   - Toni Olson

10:30 am

The next meeting will be:
Wednesday, March 8, 2017 (9:00 am – 10:30 am)  
Area Agency on Aging Advisory Council Center  
646 County Square Drive, Ventura

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.
VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES
Advisory Council Center
646 County Square Drive, Suite 100
Ventura, CA 93003
November 9, 2016

Advisory Council Members Present
Cleo Anderson (Special Population)  Marty Kaplan (Supervisory Appointee)
David Birenbaum (Supervisory Appointee)  Suz Montgomery (Ventura CFS)
Kay Brainard (Oxnard COA)  Antoinette Olson (Simi Valley COA)
Deirdre Daily (Ojai COA)  Ginny Rockefeller (Ojai COA)
Smita Dandekar (Supervisory Appointee)  Marcy Sherbok (Special Population)
Jay Evans (Camarillo COA)  Neill Spector (Simi Valley COA)
Sandra Fide (Moorpark COA)  Sylvia Stein (Service Provider)
Nick Fotheringham (Immediate Past Chair)  Alice Sweetland (Oxnard COA)
June Glasmeyer (CSL)  Sue Tatangelo (Special Population)
Karen Gorback (Thousand Oaks COA)  Robert Taylor (Camarillo COA)
Rose Gossom (Supervisory Appointee)  Donald Todd (Special Population)
Lori Harasta (Ventura COA)  Vicki Tripoli (Moorpark COA)
Lawrence Hartmann (CSL)  Bill Witt (CSL)
Nancy Healey (Thousand Oaks COA)

Advisory Council Members Absent
Walt Adair (Santa Paula COA)  Rosemary Flores-Gordon (Service Provider)
Dani Anderson (Special Population)

VCAAA Staff Present
Marleen Canniff  Katharine Raley
Ken Finning (HomeShare Volunteer)  Connie Riedmiller
Victoria Jump  Jason Sagar
Monique Nowlin  Christine Voth
Juanita Pulu  Jacklyn Zaragoza

1. Call to Order and Review of Agenda - The meeting was called to order at 9:08 a.m. by Chair Toni Olson (Simi Valley COA).

2. Pledge of Allegiance – Donald Todd led the Pledge of Allegiance. A quorum was present.

3. Approval of Area Agency on Aging Advisory Council Meeting Minutes - The minutes of the September 14, 2016, meeting were approved. (Gossom/Sherbok/Passed).

4. Public Comments –

Toni Olson – Toni introduced new advisory council member Karen Gorback from Thousand Oaks as well as new staff member Connie Riedmiller.
Monica Lindsay – Monica spoke about the Sespe Creek Collective which is a medical marijuana collective and the recent law enforcement raid. Monica communicated that all their prescribed product was seized by law enforcement which has been difficult for them since most of their customers are on their compassion program. She encouraged the Advisory Council to create a position within the VCAA to guide people to accessing medical cannabis.

Mary Sherbok – Marcy shared that a new organization was formed in Ventura County serving the LGBT population called Compass Ventura. There are two programs under Compass. Compass Counseling and the LGBT Coalition on Aging. Compass counseling recently received a small grant to provide housebound seniors with HIV/AIDS in home counseling. The California Congress of Seniors is the sponsoring agency until their receive their 501(C)(3).

Lori Harasta - Lori mentioned an opportunity for all would have to honor a loved one at Livingston Memorial VNA’s annual Light Up A Tree, December 13 at Pacific View Mall and December 15, 2016, in Ojai.

Ginny Rockefeller – Ginny mentioned the recent VCAA memory screening that she went through. She encouraged others to try it as well. January 18 is the next screening date.

Smith Dandinak – Smita mentioned that at Simi Valley Senior Center there is a Yoga for Wellness program as well as a Yoga for diabetics program.

Nancy Healy – Nancy mentioned that the Conejo Village recently held three (3) membership meetings. The Village is currently signing up members with an April 1, 2017 launch date. They have had a huge response of people wanting to volunteer.

Toni Olson – Toni mentioned that the Simi Valley Senior Center would be holding a jewelry craft sales on November 14, 2016 at the senior center from 8 am – 12 pm.

Jay Evans – Jay mentioned that the Camarillo Council on Aging was conducting a community feasibility study regarding establishing a Village to Village program in Camarillo. The first community meeting was held September 12.

5. **Consent Agenda Items** – the consent agenda containing the Livable Communities Report from September 14, 2016, Health Issues Committee Report from September 20, 2016, Health Issues Committee Report from October 18, 2016, Senior Nutrition Committee Report from September 19, 2016, Senior Nutrition Committee Report from October 17, 2016, Optimal Aging Committee Report from September 28, 2016, Optimal Aging Committee Report from October 26, 2016, Legislative Committee Report from September 14, 2016, Outreach Committee Report from September 27, 2016, and Outreach Committee Report from October 25, 2016, was accepted. (Todd/Evans/Passed)

6. **Discussion Items/Presentation/Motion**

6.1 **1st Year Grantee Presentation – Catholic Charities Case Management (Title III B) and SER, Jobs for Progress (Title V – Senior Community Services Employment Program. Paul Makarewicz from Catholic Charities and Frances
Trujillo from SER. Jobs for Progress introduced their programs. Council members asked a lot of questions of SER including the qualifications for Title V, what kind of training is provided, placements, etc. For Catholic Charities, council members were concerned about the program potentially not providing countywide coverage and waiting lists.

6.2 Outreach Update and Program Spotlight. — Home Share. Due to a previous request from Advisory Council members regarding the HomeShare program, Jacklyn Zaragoza gave a presentation on the program including current program statistics.

6.3 By-Laws Committee Report from October 19, 2016 and Discussion regarding requiring Advisory Council members to participate on two committees as well as remote participation in committee meetings.

Staff explained that September 2016, the by-laws committee brought forth recommended changes to the by-laws. The changes were accepted except for a change in regards to requiring Advisory Council members to participate in two committees. The current requirement is participation on one committee. The Advisory Council asked that the by-laws committee discuss allowing remote participation in meetings and bring back a recommendation. The committee was also tasked with coming up with an alternate name for “special populations” to describe the Advisory Council members that serve as the following representatives: Family Caregiver, People with Disabilities, Veterans, Behavioral Health and LGBT. Staff and AC members discussed pros and cons of the two committee requirement as well as allowing remote participation. Guidance was given to staff to place the item on the January 2017 Advisory Council agenda as well as provide the required 30 day notice to all Advisory Council members the suggested by-laws changes.

6.4 FY 2016-2017, 1st Quarter Data Report. Brian Murphy presented the first quarter data for FY 2016-2017. Brian presented the quarterly report, highlighting those grantees where corrective action plans have been requested.

6.5 Agency updates regarding the Aging and Disability Resource Center and Dementia Friendly America. Victoria Jump shared the Aging and Disability Resource Center underwent a state visit in October where representative from the California Department of Aging and the California Department of Rehabilitation conducted a site visit and spoke with staff. The ADRC, which is a partnership between the VCAAAA and the Independent Living Resource Center, received full designation. She also spoke about current efforts regarding Dementia Friendly Ventura County.
7. **Advisory Council Meeting Schedule.** The meeting schedule for FY 2016-2017 was included for informational purposes.

8. **Other Committee Meetings** – Bill Witt spoke about the CSL Annual Conference that he attended in October.

9. **Comments from the Chair** – Toni recognized the veterans on the Advisory Council (Donald Todd, David Birnbaum and Larry Hartmann) and thanked them for their service. She also thanked staff for their hard work.

10. **Other Business** –

    Marleen Canniff updated the Advisory Council on changes to the board of the Senior Nutrition Action Council (SNAC), the 501 (C)(3) that raises funds for the senior nutrition program. Also shared was the fact that VCAAAA asked them this summer for a copy of their audited financial statements as we were concerned that money being raised was not being put into the senior nutrition program but rather being used to cover the costs of running their thrift store.

11. **Adjournment** – the meeting was adjourned at 11:10 am
TO: VCAAA Advisory Council Members
FROM: Jay Evans, Committee Chair
DATE: November 9, 2016

SUBJECT: Livable Communities Committee Report from November 9, 2016

Committee Members Present
David Birenbaum (Supervisory Appointee)
Jay Evans (City of Camarillo)
Nick Fotheringham (City of Thousand Oaks)
Rose Gossom (Supervisory Appointee)
Lori Harasta (City of Ventura)
Antoinette “Toni” Olson (City of Simi Valley)

Members Absent
Dani Anderson (Persons with Disabilities)
Deirdre Daly (City of Ojai)

VCAAA Staff Present
Christine Voth, Manager, Business Strategy & Strategic Planning
Jaclyn Zaragoza, HomeShare Manager
Jason Sagar, Transportation Coordinator

1. Welcome and Introductions. The meeting convened at 11:23 AM.

2. Public Comments

3. Minutes from September 14, 2016, were approved (Nick/Toni)

4. HomeShare Program. Jaclyn provided an update on program. She stated there have been seven matches in the first quarter (beginning July 1, 2016) and 51 matches since January 2015. Jay said he has been volunteering with the program and does not believe there are 51 matches. He thinks the data is flawed. Christine said that senior management has recently been working on collecting and organizing all of the program data since its inception. Jay questioned who sets the match goal for the program. Is the program defined solely by the number of matches? David said there appears to be an upward movement and progress in the number of persons being served. Jay said that Jaclyn spends much of her time in match relations, dealing with distractions and attending meetings such as this one. He said the program needs more volunteers and recommended reaching out to college students to work on the program. Jay expressed concern about the ages of persons served. He said the majority are not seniors and he would like to see a breakdown of ages of persons served.

5. Transportation Issues. Jason reported the program is being run consistently. MediRides are being provided and bus tickets are being distributed. He stated the inventory for VCTC tickets
has been a problem and he is not sure why. Jason was unable to attend the CTAC meeting in October, and the next meeting will be on December 13.

6. **Goals and Objectives.** Christine provided an opportunity for members to review the goals and objectives in preparation for the update of VCAAAs Master Strategic Plan for 2016-2017.

- **Address inter—and intra-city connectivity issues related to bus transportation – continued from last meeting.** David thinks the whole transportation system is disjointed. He recently met with County Supervisor Linda Parks. Based on that meeting, David questioned if there is any point to pursuing interconnectivity. Is there truly a need for connectivity? Jay will invite a representative from the CTC to speak about the issue at the January 11 meeting.

- **Explore the development and publishing of a transportation guide for seniors in Ventura County.** VCTC produced a guide several years ago. It was agreed that it is difficult to keep up to date with transportation resources; it can be difficult to find information if a person is not computer literate and without a cell phone. Discussion on this item may be continued at the January meeting.

- **Invite partner agencies to submit transportation-related and housing-related activities to VCAAAs for posting on the VCAAAs website.** Postponed to future meeting.

- **Universal Design – continued from last meeting.** Postponed to future meeting.

7. **Pertinent information about activities of other Advisory Council subcommittees:** no information provided.

8. **Next Meeting—Wednesday, January 11, 2017**

9. **Adjournment**
TO: VCAAA Advisory Council Members

FROM: Ginny Rockefeller, Chair

DATE: November 15, 2016

SUBJECT: Health Issues Committee Meeting Report from November 15, 2016

Members Present
David Birenbaum, DDS (Supervisory Appointee)
Jay Evans (City of Camarillo)
Lori Harasta (Ventura COA)
Ginny Rockefeller (City of Ojai)

Members Absent
Deirdre Daly (City of Ojai)
Smita Dandekar (Supervisory Appointee)
Sue Tatangelo (Family Caregiver Representative)

VCAAA Staff Present
Christine Voth, Manager, Business Strategy & Strategic Planning
Patti Jaeger, Registered Dietitian

1. Welcome and Introductions. The meeting was called to order at 1:07 PM

2. Public Comments

3. Review and Approval of Minutes of the meeting held on October 18, 2016. Approved (Jay/David)

4. VCAAA Master Strategic Plan Update for FY 2017-2018. Christine distributed a worksheet of the committee’s current goals and objectives. Committee members reviewed the list and made minor changes to the objectives, which will be incorporated into the update of the plan. The updated objectives will be shared at the January meeting. No changes were made to the goals.

5. Dementia Friendly Ventura County & Memory Screenings. Christine provided an update on both of these programs. The final dates of the memory screenings to be held in 2017 will be shared at the January meeting.

6. Ventura County Evidence-based Health Promotion Coalition. The flyer, Health for Today, was distributed to the committee. Members requested that the flyer be included in the committee report.

8. **Health Symposium for Faith-based Leaders.** Christine distributed a worksheet that showed what the committee has discussed and decided about the symposium through its October meeting. A positive discussion was held at the November meeting. The committee decided to move the date of the symposium to the fall of 2017. The worksheet will be updated for distribution at the January meeting.

9. **Reports about relevant activities occurring in other committees – if any:** Legislative Committee, Livable Communities Committee, Optimal Aging Committee, Outreach Committee, and Senior Nutrition Committee.

10. **Next Meeting Date:** January 17, 2017. 1 PM to 2:30 PM at VCAAA

11. **Adjournment** at 2:27 PM
TO: VCAAA Advisory Council Members

FROM: Bob Taylor, Chair

DATE: November 29, 2016

SUBJECT: Outreach Committee Report from November 29, 2016

Committee Members Present (5)
Bob Taylor (Camarillo) - Chair
Rose Gossom (Supervisory Appointee)
Marty Kaplan (Supervisory Appointee)
Cleo Anderson (Special Population Seat – Mental Health)
Dr. Karen Gorback (Thousand Oaks)

Committee Members Absent (3)
Kay Brainard (Oxnard)
Deirdre Daly (Ojai)
Nancy Healy (Thousand Oaks)

VCAAA Staff Present (2)
Monique Nowlin
Katharine Raley

Guests (0)
None

1. Call to Order – The meeting was called to order at 9:06 a.m. by the Chair, Bob Taylor. A quorum was present.

2. Welcome and Introductions – None

3. Public Comments – None

4. Discussion of Outreach Committee’s Goals and Objectives for FY 16-17 – The Committee discussed the current goals and objectives. Karen stated that she would like to see the goal(s) of the Committee in greater detail. Staff stated she would provide the goal(s) as stated in the Strategic Plan for the Agency at the next meeting. In regards to objectives for 2017, the Committee decided upon the following:
<table>
<thead>
<tr>
<th>OBJECTIVE</th>
<th>PRIORITY</th>
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<tbody>
<tr>
<td>Education — Development of Speaker’s Bureau</td>
<td>B+</td>
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<tr>
<td>Develop “Canned” Presentations</td>
<td>B+</td>
</tr>
<tr>
<td>Finalize Tri-Fold</td>
<td>A</td>
</tr>
<tr>
<td>Create an Agency Video — Cover All Services</td>
<td>C</td>
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<tr>
<td>Create a Calendar For a Communication Piece</td>
<td>C</td>
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</table>

<table>
<thead>
<tr>
<th>OBJECTIVE</th>
<th>PRIORITY</th>
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<tbody>
<tr>
<td>Establish a Joint Meeting with the Optimal Aging Committee</td>
<td>A</td>
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<tr>
<td>Reach Out to Local Businesses To Expand Agency Footprint in the County (i.e. Amgen, Patagonia, VCLA)</td>
<td>B</td>
</tr>
<tr>
<td>Activate Speakers’ Bureau</td>
<td>A</td>
</tr>
<tr>
<td>Look For Other Areas For Outreach — Non—Traditional</td>
<td>B</td>
</tr>
<tr>
<td>Develop Event Idea for Older American’s Month</td>
<td>A</td>
</tr>
<tr>
<td>Update Outreach Evaluation Form</td>
<td>B</td>
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5. **Discussion of Legislative Committee Flyer and Other Current Outreach Projects** — The Committee resolved the issue with the Legislative flyer and unanimously approved its release for use with local, state and federal legislators and to the general public. The Committee also discussed the other current outreach projects. Bob spoke to making sure the flyers have the logo and the message “we got your back”, in other words utilizing a cohesive message that communicates to the older adult population that we are supportive of their needs. There was also discussion about what outreach activities the Agency attends and Staff suggested we consider non-traditional events to widen our outreach to encompass all ages. The Committee would like Staff to look into the Adult Education program at Leisure Village, California Lutheran University, VCLA and reaching out to local businesses like Amgen and Patagonia. Staff provided a brief report on the Agency’s participation in the Turkey Trot sponsored by Vendurance, pointing out that this was a non-traditional venue for the Agency to be at. Staff stated that this was a partnership and the only other Agency that was present and partnered with Vendurance for this event was the Ventura Police Department K-9 unit. All of the canned donations the runners brought went to the VCAAA Senior Pantry.

6. **Other Committee Involvement/Notification** — The Committee discussed the need to continue dialogue with the Optimal Aging Committee so that they can be aware of and provide input into the marketing materials that Committee has in mind for development.

7. **Next Meeting Schedule** — January 31, 2017, 9:00 a.m. — 10:30 a.m.

8. **Adjournment** — The meeting was adjourned at 10:04 a.m. by the Chair, Bob.
TO: VCAA Advisory Council Members

FROM: Vicki Tripoli – Chairperson

DATE: November 21, 2016

SUBJECT: Senior Nutrition Committee Report from November 21, 2016

Senior Nutrition Committee Members Present
Alice Sweetland (Oxnard COA)
Vicki Tripoli (Moorpark COA) - Chairperson
Toni Olson (Simi Valley COA)

Senior Nutrition Committee Members Absent
Deirdre Daly (Ojai COA)
Jay Evans (Camarillo COA)
Rose Gossom (Supervisory Appointee)
Donald Todd (Veterans Representative)

VCAA Staff Present
Marleen Canniff, Grants Administrator
Brian Murphy, Fiscal and Contracts Manager

Guests – None

1. Call to Order – Chairperson Vicki Tripoli called to order the meeting at 10:10 a.m. With the absence of a quorum, it was noted that no motions or voting will occur until a quorum is recognized.

Welcome and Introductions

2. Public Comments – None

3. Approval of Minutes from the 10/17/2016 Meeting – No approval of the minutes from the prior meeting, due to absence of a quorum.

4. Meal Count and Cost per Meal Year-to-Date – VCAA meal sites served 69,551 meals year to date, which is 101% of the contracted amount. While 16,733 meals were served in October, we saw a 4% decrease from last month’s meal counts, (September and October each had the same number days of service). Jordano’s-supplied meals is 14,673 for the month, and the non-Jordano’s meal count is 2,060. While VCAA’s budgeted food cost is $4.00 per meal, Jordano’s-supplied food cost year to date is at $3.95.
   a. Additional needs projection – Plan for meal count and food funding budget -- One-Time-Only (OTO) federal funds of $162,900 for this fiscal year have been awarded to VCAA
for the Senior Nutrition Program (SNP). However, the amount of $52,388 of the OTO had been anticipated in the RFP process, and was included in the initial SNP contracts for FY1617, leaving $110,512 available.

Of the OTO funds referred to above, $34,211 were allocated to VCAA from the State of California General Fund. The State allocated $2,000,000 in OTO general funds exclusively to assist the state’s Home Delivered Meal (HDM) programs in decreasing their HDM waitlists. Each quarter, VCAA will be required to report the number of individuals removed from the waitlists along with narratives about the impact of this funding. Staff is researching the ability of the meal sites to sustain such services beyond this funding, so as not to leave homebound seniors without meals on July 1, 2017, when this funding ends.

Staff’s projections show that from November 1 through June 30, 2017, the SNP will need 11,749 additional home-delivered meals and 1,949 additional congregate meals. Jordano’s approved funding for food and non-food supplies is $739,940, per the RFP. However, while most meal sites are meeting their contracted service-units year to date, they have waitlists totaling 59 homebound seniors.

To enable meal sites to provide the additional meals, funding for Jordano’s food purchases would have to increase by $39,330. In addition, funding for additional meals at Poncho’s Place in Piru would have to increase by $10,213 ($1,188 for C1 and $9,626 for C2 – less the projected $600 for program income). This would facilitate increased services, from 8 to 17 home-delivered meal clients and from 10 to 11 congregate clients. This vendor is currently serving 12 HDM clients. Conejo Recreation and Park District – Goebel Center is projected to serve an additional 1,187 meals at a cost of $8,012. However, program income donated at that site will pay for the additional meals.

In addition to food purchases, program funding for meal-service for the additional meals is estimated to be $36,346 ($2,571 for C1 and $33,775 for C2).

**Recommendation to Planning and Allocation Committee:**
Approve the use of $85,889 in FY16-17 one-time-only funds to cover the cost of providing 13,698 additional meals:
- Jordano’s Food purchases = $39,330
- Poncho’s Place meals = $10,213
- Meal-site meal service costs = $36,346

The remaining OTO funds = $24,623 will be used for placemats, SNP Education, and additional meal-site kitchen inspections (Ventura East and Oxnard Palm Vista).

5. **Senior Nutrition Action Council S.N.A.C. Update** - The SNAC board has elected a new chair and treasurer. SNAC currently has a five-member Board of Directors. They continue to search for additional members. The board voted to close the Thrift Shoppe on November 30, 2016, as it has failed to break-even for some time. In June 2016, a two-year lease for the store premises was signed and the monthly rent payment is obligated until the landlord can find a new tenant.
6. Other Committee Involvement/Notification None

7. Other Business
   a. VCAAA Advisory Council New Grantee Presentation Jan 11 – Each grantee is expected to make a brief program presentation to the VCAAA Advisory Council (AC) in the first year of the new contract. Senior Nutrition Program representatives will make their presentations at the January 11, 2017 meeting. Members suggested that staff create a summary handout showing contracted funding, meal counts, and current service levels, so that the AC can better understand the size and performance of each meal site. Due to a busy AC agenda on that date, each presentation be limited to three minutes.
   b. Farmers' Market Coupons – Redemption rates of the coupons should become available sometime in January, when Patti Jaeger will report the outcomes.

8. Future Meeting Schedule - The next SNP Committee Meeting is scheduled for Monday, January 23, 2017, at 10 a.m. in the Garden View Room 135.

9. Adjournment – The meeting adjourned at 11:30 a.m.
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TO: VCAA Advisory Council Members

FROM: Bob Taylor, Chair

DATE: January 11, 2017

SUBJECT: Legislative Committee Report from November 9, 2016

Legislative Committee Members Present (12)
Bob Taylor (Camarillo COA) - Chair
Sylvia Taylor-Stein (Service Provider)
William (Bill) Witt (CSL)
Neil Spector (Simi Valley COA)
Sandra Fide (Moorpark COA)
Suz Montgomery (Ventura COA)
Nancy Healy (Thousand Oaks COA)
Sue Tatangelo (Family Caregiver Special Population Seat)
Larry Hartmann (CSL)
June Glasmeier (CSL)
Marcy Sherbok (LGBT Special Population Seat)
Donald Todd (Veteran Special Population Seat)

Legislative Committee Members Absent (0)
None

VCAA Staff Present (2)
Monique Nowlin
Katharine Raley

Guests (0)
None

1. Call to Order – The meeting was called to order at 11:21 a.m. by the Chair, Bob Taylor. A quorum was present.

2. Welcome and Introductions – Bob had everyone introduce themselves.

3. Public Comments – None

4. HICAP/SHIP Funding Update – No update.
5. Report Back From Staff – Meeting with Tom Walters – Washington DC Lobbyist for the County of – Monique provided a brief report on the meeting highlighting Mr. Walters’ statements that the government is funded through 12/9 and the federal funding stream should not waiver. Monique noted that the legislative platform could change to mirror C4A’s (Statewide Association on Area Agencies on Aging) legislative platform. There were no questions nor discussion.

6. Results of Review and Selection of the VCAA Legislative Platform Survey 2016 (Federal and State) – Tabled.

7. Review and Update Legislative Committee Objectives for 2017 - Monique read the current objectives of the Committee and after discussion the Committee agreed to the following for 2017 objectives:

<table>
<thead>
<tr>
<th>OBJECTIVE</th>
<th>HOW WILL TASK BE ACCOMPLISHED?</th>
<th>WHO WILL DO THE TASK?</th>
<th>DO WE WANT TO DO THIS OBJECTIVE NOW?</th>
<th>PRIORITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monitor and inform the full Advisory Council about pending legislation of interest.</td>
<td>A report to the Advisory Council</td>
<td>Monique and the Committee Chair will collaborate on this task</td>
<td>Yes</td>
<td>A</td>
</tr>
<tr>
<td>Create a communication piece for Legislators and Seniors in the Community – Legislative Update.</td>
<td>By collaboration, as needed</td>
<td>Monique and Chair will collaborate with Outreach Staff and Committee</td>
<td>Yes</td>
<td>A</td>
</tr>
<tr>
<td>Continue to foster a relationship with Sue Hughes, CEO’s Legislative Analyst.</td>
<td>By collaborating with Sue and continuing to periodically invite her to Committee Meetings</td>
<td>Facilitated by Staff</td>
<td>Yes</td>
<td>A</td>
</tr>
<tr>
<td>Communicate to Board of Supervisors what the priority</td>
<td>Invite Board Members or their designees to attend a Committee Meeting</td>
<td>Facilitated by Staff</td>
<td>Yes</td>
<td>A</td>
</tr>
<tr>
<td>Legislative issues are from Committee's perspective.</td>
<td>Facilitated by Staff in collaboration with Outreach Coordinator</td>
<td>Staff, upon direction of the Committee</td>
<td>No Ongoing</td>
<td>B</td>
</tr>
<tr>
<td>Collaborate with other Advisory Council Committees such as Outreach in order to develop strategies and projects of mutual interest.</td>
<td>By collaboration with other Committee Chairs and Agency Staff</td>
<td>Facilitated by Staff</td>
<td>Ongoing</td>
<td>B</td>
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<tr>
<td>Add a link for the Legislative Committee on the VCAA website that would provide links to legislators, pieces of legislation and ways to advocate.</td>
<td>Agency Staff, in particular The Outreach Coordinator</td>
<td>Facilitated by Staff, upon direction from The Committee</td>
<td>Ongoing</td>
<td>B A</td>
</tr>
<tr>
<td>Write letters of support or opposition of legislation as needed.</td>
<td>By collaboration with Committee members and Agency Staff</td>
<td>Committee Members, facilitated by Staff</td>
<td>As Needed</td>
<td>B-A/B (Depends Upon Impact of Legislation)</td>
</tr>
<tr>
<td>Assist members of the California Senior Legislature (CSL) in developing</td>
<td>By collaboration with Committee members and Agency Staff</td>
<td>Committee Members, facilitated by Staff</td>
<td>As Needed</td>
<td>A</td>
</tr>
</tbody>
</table>
potential CSL proposals for legislation.

CSL representative Bill also provided a brief overview of State Bills passed in Joint Session of 2016. After the overview, Staff queried the Chair on if he would like CSL to have a separate update section on the agenda and he answered in the affirmative. Thus, prospectively the CSL report will be agendized.

8. Other Committee Involvement/Notification – There was discussion about working with the Outreach Committee to focus on key messaging for the Agency.

9. Next Meeting Date – Next meeting is March 8, 2017

10. Adjournment – The meeting was adjourned at 12:26 p.m. by the Chair, Bob Taylor.
TO: VCAAA Advisory Council Members

FROM: Suz Montgomery, Advisory Council Vice-Chair

DATE: December 20, 2016

SUBJECT: Planning and Allocation Committee Report and Recommendation to Increase Existing Contracts to Provide Additional Services with One-Time Only FY 2016-2017 funds; Decrease the Senior Nutrition Contract with the City of Ventura Due to Fewer Meals Being Served; Provide One-Time-Only Funds to the Area Agency on Aging to Provide Additional Transportation Services, Evidence Based Classes, Outreach to Family Caregivers and Printing of Life Guides; and Roll Over $23,631 in Senior Nutrition Funds from FY 2016-2017 to FY 2017-2018.

Planning and Allocation Committee Members Present
Rose Gossom
Suz Montgomery
Ginny Rockefeller
Marcy Sherbok
Robert Taylor
Vicki Tripoli

Planning and Allocation Committee Members Absent
Jay Evans
Toni Olson

VCAAA Staff Present
Marleen Canniff
Victoria Jump
Brian Murphy
Monique Nowlin

1. **Call to Order** – The meeting was called to order at 9:07 am by Suz Montgomery. A quorum was present.

2. **Welcome and Introductions and Disclosure of Conflicts of Interest** – Members introduced themselves. Conflicts of interests were discussed. The following conflicts of interest were disclosed: Suz Montgomery (City of Ventura) and Vicki Tripoli (City of Moorpark).

3. **FY 2015-2016 Uncommitted One-Time-Only Funds** - Staff notified the committee that the
uncommitted funds for FY 2016-2017 were as follows: IIIB (senior services) $12,618, OMBUDSMAN (IIIB, VII and State SDF funds) $20,827, IIID (evidence based health and wellness) $1,603, Title IIIIE (family caregiver) $52,017, VII B (Elder Abuse) $251 and Title III C1/C2 (senior nutrition) $162,900. However, since VCAAA anticipated $52,672 of the IIIC1/C2 one-time-only funds and included them in the FY 2016-17 contracts, the available amount for Title IIIC1/C2 is $110,228.

These one-time-only funds are unspent funds that rolled over from FY 2015-2016 to FY 2016-2017 (from all AAAs statewide). The funds have to be spent in the category in which they were received and can’t be spent on any new programs without going out for request for proposal (RFP). Additionally, any one-time-only funds awarded to current grantees can only be used to fund the program services that they are currently providing. For example, a nutrition provider (Title IIIC) can only receive nutrition funds and would not be eligible to receive Title IIIB (senior services) funds.

The committee is making the following recommendations for the use of FY 2016-2017 one-time-only funds.

<table>
<thead>
<tr>
<th>Grantee/Agency</th>
<th>Funding Source</th>
<th>Amount</th>
<th>For</th>
</tr>
</thead>
<tbody>
<tr>
<td>VCAAA</td>
<td>Title IIIB</td>
<td>$12,618</td>
<td>ElderHelp Transportation/Medi-Rides. The demand for these services exceeds the current budget resulting in a waiting list. These amounts will easily be used by the end of June.</td>
</tr>
<tr>
<td>Total Title IIIB - Supportive Services - $12,618</td>
<td>(Sherbok/Rockefeller/Passed)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>VCAAA</td>
<td>Title IIIB OMB, VIIA, SDF</td>
<td>$20,827</td>
<td>This additional funding must go to Long Term Care Services of Ventura County as they are the sole provider of these services.</td>
</tr>
<tr>
<td>Total Ombudsman (Title IIIB, VIIA, SDF) - $20,827</td>
<td>(Sherbok/Gossom/Passed)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>VCAAA</td>
<td>Title IIID</td>
<td>$1,603</td>
<td>To provide additional sessions of A Matter of Balance and Arthritis Foundation Walk with Ease classes. Funding goes towards stipends to the volunteers who teach these classes.</td>
</tr>
<tr>
<td>Total Title IIID – Disease Prevention - $1,603</td>
<td>(Sherbok/Taylor/Passed)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Conejo Valley Senior Concerns</td>
<td>Title IIIE</td>
<td>$25,875</td>
<td>Provide additional Respite: In-Home $12,000 (600 hours), Day Care $9,000 (360 hours) and Home Modifications $3,250 (10 units), Assistive Devices $1,625 (5 units) for family</td>
</tr>
<tr>
<td>Grantee/Agency</td>
<td>Funding Source</td>
<td>Amount</td>
<td>For</td>
</tr>
<tr>
<td>--------------------------------</td>
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<td>------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Camarillo Health Care District</td>
<td>Title III C1</td>
<td>($1,397)</td>
<td>Amend the current contract as follows:</td>
</tr>
<tr>
<td></td>
<td>Title III C2</td>
<td>$19,671</td>
<td>Congregate meals – subtract $1,397.25 (less 207 meals); Home Delivered meals – add $19,671 (additional 6,557 meals).</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$18,274</td>
<td>Net contract change of $18,274</td>
</tr>
<tr>
<td>City of Fillmore</td>
<td>Title III C1</td>
<td>$2,068</td>
<td>Amend the current contract as follows:</td>
</tr>
<tr>
<td></td>
<td>Title III C2</td>
<td>($1,101)</td>
<td>Congregate meals - add $356 (additional 129 meals); Home Delivered meals – subtract $2,814 (less 938 meals); Add Equipment $3,425 (Freezer $1,775; Ice-Machine $1,650)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$967</td>
<td></td>
</tr>
</tbody>
</table>
| City of Moorpark | Title III C1 | $1,393 | $1,941 | The City of Moorpark Senior Nutrition Program meal site is currently a "Minimally Funded" site at $21,282. Since this site is projecting to serve 3,602 congregate meals and 4,439 home delivered meals, staff is recommending that the site be funded using the funding formula. This would increase their funding to $23,222.50 (3,602 x $2.75 = $9,905.50 and 4,439 x $3.00 = $13,317).
|               | Title III C2 | $548    |        | Amend the current contract as follows:
|               |              | $1,941  |        | Congregate Meals – add $1,393 (additional 602 meals); Home Delivered meals – subtract $548 (less 61 meals)
| City of Oxnard | Title III C1 | $1,834  | $4,887 | Net contract change of $1,941
|               | Title III C2 | $3,053  |        | Amend the current contract as follows:
|               |              | $4,887  |        | Congregate meals – add $1,834.25 (additional 667 meals); Home Delivered meals – add $3,053 (additional 61 meals)
| City of Santa Paula | Title III C1 | $ 74 | $1,130 | Net contract change of $1,130
|               | Title III C2 | $1,056  |        | Amend the current contract as follows:
|               |              | $1,130  |        | Congregate meals - add $74.25 (additional 27 meals); Home Delivered meals – add $1,056 (additional 352 meals)
| City of Simi Valley | Title III C1 | $ 580 | $5,284 | Amend the current contract as follows:
|               | Title III C2 | $4,668  |        | Congregate Meals – add $118.25 (additional 43 meals); Home Delivered meals – add $4,668 (additional 1,556 meals); Equipment – add $462 (Microwave Oven).
| City of Ventura | Title III C1 | ($3,893) | ($8,330) | Net contract change of $5,284
|               | Title III C2 | ($4,437) |        | Amend the current contract as follows:
|               |              | ($8,330) |        | Congregate meals - subtract $3,893 (less 1,416 meals);
|               |              |         |        | Home Delivered meals – subtract $4,437 (less 1,479 meals)
| Help of Ojai  | Title III C1 | ($3,576) | ($9,540) | Net contract change of ($8,330)
|               | Title III C2 | $13,116 |        | Amend the current contract as follows:
<p>|               |              | $9,540  |        | Congregate Meals – subtract $3,576 (less 1,300 meals); Home Delivered meals – add |</p>
<table>
<thead>
<tr>
<th></th>
<th>Title III C1</th>
<th>Title III C2</th>
<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Poncho’s Place</td>
<td>$ 965</td>
<td>$ 9,335</td>
<td>$13,116 (additional 4,372 meals)</td>
<td>Net contract change of $9,540</td>
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<tr>
<td>(Piru)</td>
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<td>Amend the current contract as follows:</td>
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<td></td>
<td></td>
<td></td>
<td>Congregate Meals – add $965.25 (additional 143 meals @ $6.75 each); Home Delivered Meals – add $9,335.25 (additional 1,383 meals @ $6.75 each)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Net contract change of $10,300</td>
<td></td>
</tr>
<tr>
<td>Jordano’s</td>
<td>($13,672)</td>
<td>$56,276</td>
<td>$42,604</td>
<td>Net contract change of $42,604</td>
</tr>
<tr>
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<td>Amend the current contract as follows:</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Congregate Meals - subtract $13,672 (less 3,418 meals); Home Delivered Meals – add $56,276 (additional 14,069 meals)</td>
<td></td>
</tr>
<tr>
<td>Roll Over</td>
<td>$23,631</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Rollover unused funds to FY 2017-18 to be used to provide home delivered meals in FY 2017-2018 for the people brought onto the program this year with the OTO legislative money.</td>
<td></td>
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</table>

Total Title III C - $110,228
(Sherbok/Taylor/Passed)

4. Adjournment – The meeting was adjourned at 9:57 am.
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To: Advisory Council Members
From: Victoria Jump, VCAAA Director
Date: December 28, 2016
Re: Recommendation to Approve Changes to the VCAAA By-Laws and Forward to the Board of Supervisors for Approval

Recommendation:

It is recommended that your Advisory Council approve the changes to the By-laws as written and forward them to the Board of Supervisors for final approval.

Discussion:

The By-Laws review committee was tasked with reviewing current by-laws and making recommendations for necessary changes. The by-laws were last approved by the Board of Supervisors in July 2013. The by-laws committee last reviewed them in 2014. We are required to review them every two years. In September 2016, the Advisory Council approved the following changes to the bylaws:

1. Scope: expanding the scope of the by-laws to include persons with disabilities is being suggested. Caregivers and people of the age of 60 are already represented. This change is being suggested as the Agency is now an Aging and Disability Resource Center in partnership with the Independent Living Resource Center.

2. Membership: changes are being suggested that in the absence of a council on aging or at the discretion of a senior center director (with Council on Aging approval) members can be appointed to the Advisory Council. The City Council would still have to ratify the decision. This will allow for a quicker and less cumbersome option for councils on aging to appoint members to the council in lieu of an election.

3. Meetings – the committee is recommending that meetings be reduced to 6 meetings a year (July, September, November, January, March and May). The June meeting would be eliminated.

4. Committees – the committees is recommending that standing committees be defined in the by-laws, the process of electing a chair and who is eligible to be the chair made more clear, and defining the responsibilities of the nominating committee

The committee is recommending the following changes be made to the by-laws and then be forwarded to the Board of Supervisors for approval:

1. Responsibilities – the committee is recommending that Advisory Council members participate on at least two committees. With so much happening in the county, state and federally related to seniors, housing, transportation, meals, health care, etc. it is
imperative that Advisory Council members be able to participate, advocate and make informed decisions. Telephonic participation would be allowed in all committee meetings except for the Planning and Allocation Committee Meeting. This would require all staff to use the same teleconference line which would be published on all agendas. WebEx would also be used for PowerPoint presentations and to display material being provided at the meetings. No alternate means are being suggested at this time such as Skype as the VCAAA doesn’t have a universal capability to use it for all meetings.

2. Changing the name of “special populations” to “focused populations to describe the Veterans, Family Caregiver, LGBT, Behavioral Health, and People with Disabilities representatives.
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<tbody>
<tr>
<td>July 2016</td>
<td>July 13 9-11 am</td>
<td>July 26 9-10:30 am</td>
<td>July 13 11-12</td>
<td>July 13*</td>
<td>July 19 1-2:30 pm</td>
<td>July 18 10-11:30 am</td>
<td>July 27 2-3 pm cancelled</td>
</tr>
<tr>
<td>August 2016</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Sept 2016</td>
<td>Sept 14 9-11 am</td>
<td>Sept 27 9-10:30 am</td>
<td>Sept 14 11-12</td>
<td>Sept 14 11-12</td>
<td>Sept 20 1-2:30 pm</td>
<td>Sept 19 10-11:30 am</td>
<td>Sept 28 2-3 pm</td>
</tr>
<tr>
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<td>None</td>
<td>October 25 9-10:30 am</td>
<td>None</td>
<td>None</td>
<td>Oct 18 1-2:30 pm</td>
<td>Oct 17 10-11:30 am</td>
<td>Oct 26 2-3 pm</td>
</tr>
<tr>
<td>Nov 2016</td>
<td>Nov 9 9-11 am</td>
<td>Nov 29 9-10:30 am</td>
<td>Nov 9 11-12</td>
<td>Nov 9 11-12</td>
<td>Nov 15 1-2:30 pm</td>
<td>Nov 21 10-11:30 am</td>
<td>Nov 30 2-3 pm</td>
</tr>
<tr>
<td>Dec 2016</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
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<tr>
<td>Jan 2017</td>
<td>Jan 11 9-11 am</td>
<td>Jan 31 9-10:30 am</td>
<td>Jan 11 11-12</td>
<td>Jan 11 11-12</td>
<td>Jan 17 1-2:30 pm</td>
<td>Jan 23 10-11:30 am</td>
<td>Jan 25 2-3 pm</td>
</tr>
<tr>
<td>Feb 2017</td>
<td>None</td>
<td>Feb 28 9-10:30 am</td>
<td>None</td>
<td>None</td>
<td>Feb 21 1-2:30 pm</td>
<td>Feb 13 10-11:30 am</td>
<td>Feb 22 2-3 pm</td>
</tr>
<tr>
<td>March 2017</td>
<td>March 8 9-11 am</td>
<td>March 28 9-10:30 am</td>
<td>March 8 11-12</td>
<td>March 8 11-12</td>
<td>March 21 1-2:30 pm</td>
<td>March 20 10-11:30 am</td>
<td>March 22 2-3 pm</td>
</tr>
<tr>
<td>April 2017</td>
<td>None</td>
<td>April 25 9-10:30 am</td>
<td>None</td>
<td>None</td>
<td>April 18 1-2:30 pm</td>
<td>April 17 10-11:30 am</td>
<td>April 26 2-3 pm</td>
</tr>
<tr>
<td>May 2017</td>
<td>May 10 9-11 am</td>
<td>May 30 9-10:30 am</td>
<td>May 10 11-12</td>
<td>May 10 11-12</td>
<td>May 16 1-2:30 pm</td>
<td>May 15 10-11:30 am</td>
<td>May 24 2-3 pm</td>
</tr>
<tr>
<td>June 2017</td>
<td>June 14 9-11 am cancelled</td>
<td>June 27 9-10:30 am</td>
<td>June 14 11-12</td>
<td>June 14 11-12 cancelled</td>
<td>June 20 1-2:30 pm</td>
<td>June 19 10-11:30 am</td>
<td>June 28 2-3 pm</td>
</tr>
</tbody>
</table>
State Commission on Aging elects officers to 2nd term; Paul Downey continues as Chair and Ed Walsh as Vice Chair

The California Commission on Aging last month re-elected Paul Downey to his second term as chair and Ed Walsh to serve a second term as Vice Chair. Commissioner Downey, who is President and CEO of Serving Seniors in San Diego, was appointed to the Commission in 2012 by former Assembly Speaker Toni Atkins. He currently serves on the board of the American Society of Aging, is a past president of the National Association of Nutrition and Aging Service Programs, and was a President’s nominee to the 2015 White House Conference on Aging.

Commissioner Ed Walsh is a 2013 Governor’s appointee to the Commission. He retired in 2012 as director of the Riverside County Office on Aging and has an extensive resume in managing an array of aging programs, including the Multipurpose Senior Service Program, Los Angeles County Integrated Care Management Project, and working as a social work consultant for older adults. He is a member of the National Association of Social Workers, the American Society on Aging, and currently serves on the board of The Joslyn Center.

The Commission elected Betsy Butler, Jean Schuldberg, Rita Saenz, Jane Rozanski, and Meeva Kang to serve as 2017 members-at-large.

Older Americans Month 2017 Theme Announced

The Administration on Aging has announced the theme for Older American’s Month 2017. The theme, *Age Out Loud*, is intended to give aging a new voice—one that reflects what today’s older adults have to say about aging.

The 2017 theme gives advocates an opportunity to shine a light on many important issues and trends in the field of aging. More than ever before, older Americans are working longer, trying new things, and engaging in their communities. What it means to age has changed, and OAM 2017 is a perfect opportunity to recognize and celebrate what getting older looks like today.

In May, AoA and ACL will amplify the many voices of older Americans and raise awareness of vital aging issues across the country. Join us as we speak up and out loud for OAM! To start promoting online, use the official hashtags #OAM17 and #AgeOutLoud. To learn more, click [here](#).
Federal Budget decisions delayed until 2017

Congress postponed final action on a 2017 federal budget this month, instead passing a Continuing Resolution (CR) to fund the federal government into the spring. This second Continuing Resolution approved this fall maintains level funding for all Older Americans Act programs through April 28. Just like an earlier CR, the new resolution makes minimal across-the-board cuts to keep overall funding under the current budget caps, but makes a significant investment in veterans’ health services. This means FY17 funding won’t be finalized until 7 months into the fiscal year, when Congress should be starting the FY18 budget. These delays make it challenging for state and local organizations to make plans and deliver services efficiently to the vulnerable populations who rely on them.
To learn review the proposed 2017 federal budget figures, click here.


Holiday visits offer opportunity to spot signs and respond to elder abuse

The holiday season is a joyous time of the year that unites family who live at a distance. These visits present opportunities to have long overdue conversations and assess what supports our elderly loved ones need to safely age in place.

Given that 1 in 10 older Americans are abused and neglected, the National Center on Elder Abuse wants everyone to know what they should be looking for when visiting elderly loved ones to ensure that they are aging with respect and dignity.

The National Center on Elder Abuse factsheet “Home for the Holidays” provides a helpful checklist of things to consider discussing with loved ones, warning signs to keep in mind, and how to respond when loved ones are at risk of being abused.

Reprinted from NCEA’s ELDERABUSE@LIST.NIH.GOV, Subject: [NCEAEELDERABUSE] Home for the Holidays Factsheet, November, 2016.

Triple-A Council elects new officers for 2016-2017

Eileen Bostwick of Ukiah and Gloria Sanchez of Menifee were elected earlier this year to lead the Triple-A Council of California (TACC). Serving as president and vice president, respectively, the two will help plan and direct the programming and discussions of the 33-member advisory body.

Administered by the California Commission on Aging, TACC is established by the Older Californians Act to provide education and training to the advisory councils serving the 33 Area Agencies on Aging. TACC meets quarterly in Sacramento. The organization is funded through contributions to the California Seniors Special Fund (Code 400) on your California income tax forms.
New Report Previews Disability Rates for California's Older Adults

A new report from California’s Legislative Analyst (LAO) predicts challenges to the state’s system of long-term services and supports (LTSS) with the coming growth of the senior population and an even greater increase in their rates of disability.

With the population expected to more-than-double by the year 2060, the LAO projects that the number with functional limitations will increase by a higher rate over that same period.

“We project that the number of seniors in California with disabilities (as defined by limitations in routine activities of daily living, such as dressing or bathing) will increase from 1 million in 2015 to 2.7 million in 2060. This represents 160 percent growth in the population of seniors with disabilities, while California’s overall senior population is projected to grow by 135 percent over this period. The faster growth of the senior population with disabilities is partially driven by the increasing share of seniors aged 85 and older and increasing racial diversity of the senior population.”

A Long-Term Outlook: Disability Rates for California’s Seniors presents the results of the LAO’s projections of disability levels of California’s seniors through 2060, with the goal of informing the Legislature and stakeholders about disability levels and the potential need for LTSS among California’s seniors over the next several decades.

To read the full report, click here.

Excerpted from the Legislative Analyst’s Office publication A Long-Term Outlook: Disability Rates for California’s Seniors. November 2016.

U.S. life expectancy dropped in 2015, according to new report from the Center for Health Statistics

A new report from the CDC’s Center for Health Statistics reveals a decrease in life expectancy in 2015. The report provides information on mortality patterns among U.S. residents by variables such as sex, race and ethnicity, and cause of death. Life expectancy estimates, age-adjusted death rates by race and ethnicity and sex, 10 leading causes of death, and 10 leading causes of infant death were analyzed by comparing 2015 and 2014 final data.

According to the research, in 2015 life expectancy at birth was 78.8 years for the total U.S. population—a decrease of 0.1 year from 78.9 years in 2014 (Figure 1). For males, life expectancy changed from 76.5 years in 2014 to 76.3 years in 2015—a decrease of 0.2 years, and for females, life expectancy decreased 0.1 year from 81.3 years in 2014 to 81.2 years in 2015.

The 10 leading causes of death in 2015 remained the same as in 2014. However, from 2014 to 2015, age-adjusted death rates increased for 8 of 10 leading causes of death and decreased for 1. The rate increased 0.9% for heart disease, 2.7% for chronic lower respiratory diseases, 6.7% for unintentional injuries, 3.0% for stroke, 15.7% for Alzheimer’s disease, 1.9% for diabetes, 1.5% for kidney disease, and 2.3% for suicide. The rate decreased by 1.7% for cancer. The rate for influenza and pneumonia did not change significantly. The CDC’s data brief is available here.

CCoA honors Gary Passmore as 2016 Senior Advocate of the Year

Gary Passmore, Vice President of the Congress of California Seniors, has been named 2016 Senior Advocate of the Year by the California Commission on Aging.

Awarded during the C4A Annual Conference in Los Angeles last month, Passmore was recognized for his tireless advocacy on behalf of California’s older adults. As a long-time partner to CCoA, Passmore has collaborated on efforts to strengthen the work of senior centers, increase funding for senior meals, and to assure funds for low-income senior housing. Passmore has been a leading advocate in the fight to protect community-based programs, for fair IHSS-worker pay and nursing home reform.

New Online Resources in Elder Mistreatment and Elder Justice available from ASA

American Society on Aging (ASA) is pleased to announce two new online educational courses on elder mistreatment, offered in partnership with USC Leonard Davis School of Gerontology. Elder Mistreatment (Part I): Understanding Abuse and Neglect launches in January 2017 and Elder Mistreatment (Part II): Prevention of Abuse and Neglect launches in April 2017. Additionally, our flagship courses, Fundamentals of Gerontology and Managing Health and Chronic Conditions in Older Adults will return in 2017. Successful participants will earn a certificate of completion from USC, and CEUs are offered from select accreditation providers.

Click here for a course description and registration information. For a limited time, ASA is offering a discount on membership to those who sign up for online courses. If participants enter discount code CCOA when enrolling, membership will be only $195, a $60 discount off regular rates.

Upcoming Events

