



## VENTURA COUNTY AREA AGENCY ON AGING HEALTH ISSUES COMMITTEE MEETING

November 18, 2014

1:00 – 2:30 p.m.

Area Agency on Aging Advisory Council Center  
646 County Square Drive, Ventura (805) 477-7300

### **AGENDA**

1. Welcome and Introductions
2. Public Comments
3. Worksheet for Committee Goals and Objectives - update
  - a. Discussion about what types of items to put on the back of the senior nutrition placemats
  - b. Elder Economic Index
  - c. Caregiver Handout
  - d. Dental Update
  - e. Exercise class update:
    1. Job Descriptions – commitment
    2. Advertising for class leaders
    3. Advertising/marketing for volunteers and classes
    4. Identification of class locations
    5. Needed collaborations – Ventura County Evidence Based Health Coalition
4. Other Committee Involvement/Notification – if any:
  - A. Housing and Transportation Committee
  - B. Planning and Allocation Committee
  - C. Legislative Committee
  - D. Senior Nutrition Committee
  - E. Optimal Aging
  - F. Outreach Committee
5. Other:
6. Next Meeting Date: January 2015