



VENTURA COUNTY AREA AGENCY ON AGING HEALTH ISSUES COMMITTEE MEETING

March 17, 2015

1:00 – 2:30 p.m.

Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura (805) 477-7300

AGENDA

1. Welcome and Introductions
2. Public Comments
3. Worksheet for Committee Goals and Objectives - update
 - a. Evidence based exercise classes: update, purchase of materials, establishing the optimal living club, possible revision of objective related to developing a brochure.
 - b. Review and Approval of back of placemat
 - c. Dental project update
 - d. Food Share Food Truck Collaboration
 - e. Other objectives to work on?
4. Other Committee Involvement/Notification – if any:
 - A. Housing and Transportation Committee
 - B. Planning and Allocation Committee
 - C. Legislative Committee
 - D. Senior Nutrition Committee
 - E. Optimal Aging
 - F. Outreach Committee - Ideas to promote the evidence based classes to seniors
5. Other: Meeting calendar for FY 2015-2016
6. Next Meeting Date: May 19, 2015, from 1:00 – 2:30 pm