

## VENTURA COUNTY AREA AGENCY ON AGING



### HEALTH ISSUES COMMITTEE

July 21, 2015 • 1:00 PM to 2:30 PM  
Area Agency on Aging Advisory Council Center  
646 County Square Drive, Ventura (805) 477-7300

### AGENDA

1. Welcome and Introductions
2. Approval of Minutes from meeting held on June 16, 2015
3. Public Comments
4. Committee Goals and Objectives
  - a. Goal #1: Evidence-based exercise classes
    1. Update on classes and facilitator training
    2. Update on Optimal Living Club (OLC)
  - b. Goal #4: Senior Nutrition Program Placemat – Update
  - c. Goal #5: Second Patient Syndrome – Discussion
  - d. Goal #7: Faith-based event in the future – Discussion
  - e. Identify/discuss other objectives to prioritize and work on, including where (under what goal) to include compilation of dental resources. A copy of current goals and objectives (from meeting held on May 19, 2015) will be available at the meeting.
5. Other Committee Involvement/Notification – if any:
  - a. Legislative Committee
  - b. Livable Communities Committee
  - c. Optimal Aging Committee
  - d. Outreach Committee
  - e. Senior Nutrition Committee
6. Next Meeting Date – **September 15, 2015** from 1 PM to 2:30 PM