Ventura County’s Aging and Disability Resource Center (ADRC)

The Ventura County ADRC provides a coordinated point of entry to ensure older adults and people with disabilities have access to the services and support needed to remain independent in the community. The ADRC is comprised of a partnership between the Ventura County Area Agency on Aging (VCAA) and the Independent Living Resource Center (ILRC). Core services provided include:

- Enhanced Information & Referral
- Options Counseling
- Short-Term Service Coordination
- Transition Services

The ADRC uses a No Wrong Door (NWD) approach to streamline long term services and supports (LTSS).

ADRC Transition Advocates will facilitate transitions for individuals from hospital, nursing facility, intermediate care facility, or any other institutional settings back into the home.

Living in the community is significantly more cost effective compared to institutional living, but more importantly it increases quality of life and improves overall health outcomes.

For more information on Ventura County’s ADRC, visit [www.vcaaa.org](http://www.vcaaa.org) or call (805) 477-7300.