Chicken Salad Recipe

1 can chicken (5 oz), drained or 1 cup freshly cooked chicken, shredded
¼ cup celery, diced
¼ cup red onion, diced
6 grapes, diced
2 Tbsp. mayonnaise or plain Greek yogurt
Pinch of black pepper

Directions:
In a medium bowl, add chicken, mayonnaise or plain Greek yogurt, celery, red onion, grapes and black pepper. Mix well. Serve immediately or chill.

Servings: 2