



VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

**January 13, 2021
9:00 a.m. to 11:00 am**

Area Agency on Aging Advisory Council Center
646 County Square Drive, Ventura

Via Zoom: <https://zoom.us/j/92625890902>

VCAA Advisory Council Role – To provide leadership, input, and advocacy as facilitators between VCAA and the community, in support of VCAA’s mission.

VCAA Role – VCAA is the responsible agency to seek, serve, administer and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community-based services where older adults and people with disabilities can age in their community with dignity and respect.

AGENDA

- | | | | |
|-----------|-----|--|-------------------|
| 9:00 a.m. | 1. | Call to Order and Agenda Review | Suz
Montgomery |
| | 2. | Pledge of Allegiance | Suz
Montgomery |
| | 3. | Approval of Area Agency on Aging Advisory Council Minutes of November 12, 2020 | Suz
Montgomery |
| | 4. | Public Comments | |
| | | <p>Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.</p> | |
| | 5. | Consent Agenda Items | Suz
Montgomery |
| | | <p>5.1 Employment Committee Report from November 19, 2020
5.2 Transportation Committee Report from December 2, 2020
5.3 Health and Nutrition Committee Report from September 30, 2020</p> | |
| | | DISCUSSION ITEMS/PRESENTATION/MOTION | |
| | 6.1 | VCAA Covid Update | Victoria Jump |
| | 6.2 | Continued Discussion to Address the Behavioral Health Needs of Older Adults | Monique
Nowlin |

6.2 PIO and Outreach Update

Jannette
Jauregui

INFORMATIONAL ITEMS

7 Advisory Council Committee Membership FY 2020 – 2021

Suz
Montgomery

8 Advisory Council Meeting Schedule for FY 2020-2021

Suz
Montgomery

9 Other Committee Meetings:

- a. California Senior Legislature Update
- b. Triple A Council of California Update
- c. VCAAA Foundation Update
- d. LGBTQ Aging Coalition
- e. Dementia Friendly Ventura County

Gitt/Gorback
Olson
Sherbok
Sherbok
Staff

10 Comments from the Chair

Suz
Montgomery

11 Other Business

Suz
Montgomery

11:00 am 12. Adjournment

Suz
Montgomery

The next meeting will be:

Wednesday, March 10, 2021 (9:00 am – 11:00 am)

Via Zoom

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES

Advisory Council Center
646 County Square Drive, Suite 100
Ventura, CA 93003
November 12, 2020

Advisory Council Members Present

Aleta Buckelew (TO COA)	Clark Owens (Oxnard COA)
Deirdre Daily (Ojai COA)	Joyce Pinkard (Supervisory Appointee)
Smita Dandekar (Supervisory Appointee)	John Posta (Thousand Oaks COA)
John Gardner (Camarillo COA)	Martha Shapiro (Service Provider)
Tony Gitt (CSL)	Marcy Sherbok (Focused Population)
Karen Gorback (CSL)	Alice Sweetland (Oxnard COA)
Lori Harasta (Ventura COA)	Sylvia Stein (Focused Population)
Carol Martin (Simi Valley COA)	Sue Tatangelo (Focused Population)
Suz Montgomery (Ventura CFS)	Mike Williams (Service Provider)
Bill Nugent (Ojai COA)	Dr. Allen Zatzkin (Camarillo COA)
Antoinette Olson (Simi Valley COA)	

Advisory Council Members Absent

Loretta Allen (Thousand Oaks COA)	Bill Cunneen (Supervisory Appointee)
Danielle Anderson (Focused Population)	Ari Larson (Filmore COA)
	Dr. Maria Munguia (SP COA)

VCAAA Staff Present

Audrey Darrett	Brian Murphy
Jakeline De Leon	Denise Noguera
Jannette Jauregui	Monique Nowlin
Victoria Jump	

- 1. Call to Order and Agenda Review** – The meeting was called to order at 9:03AM by Chair Suz Montgomery.
- 2. Pledge of Allegiance** – The Pledge of Allegiance was led by Chair Suz Montgomery. A quorum was present.

3. **Approval of Area Agency on Aging Advisory Council Minutes of September 9, 2020** - (Sweetland/Martin/Passed)

4. **Public Comments** – No Public Comments

5. **Consent Agenda Items** - the consent agenda containing the Health and Nutrition Committee Report from September 30, 2020 was approved (Sweetland/Gorback/Passed).

6. **DISCUSSION ITEMS/PRESENTATION/MOTION**

6.1 **LEGACY Awards** – The Legacy Awards were presented by John Gardner. He provided an overview of the awards and congratulated the recipients that were present via Zoom. For those that were not present, John read the names and provided information as to why they were selected.

6.2 **VCAAA COVID Update** – Victoria gave an update on VCAAA's COVID-19 efforts. From the start of the pandemic to the week of November 2, VCAAA provided 2.4 million meals. Victoria also gave an update on upcoming projects including holiday meal deliveries. Lastly, Victoria introduced the COVID Care Kits that the agency will be distributing to the individuals most in need, at least 1200 will be sent out. Tony Gitt suggested the File of Life be added to the COVID Care Kits.

6.3 **Discussion and Adoption of a Strategy to Address the Behavioral Health Needs of Older Adults** – Monique gave a presentation on the Strategy to Address the Behavioral Health Needs of Older Adults. She addressed the stats of the Community Health Needs Assessment of 2019. She addressed what is available for Older Adults through VCAAA, services such as the Pearls Program, and the partnerships with ILRC and Behavioral Health. She addressed what is missing in Ventura County for Older Adults. She gave an update on the current advocacy efforts as well. Lastly, she gave an update on VCAAA's role. John suggested that we partner with other agencies and commented on speaking with vendors regarding a telehealth module that could be available to seniors for a better way to communicate with their doctors 24/7 online.

6.4 **PIO and Outreach Update** – Jannette provided an update on the marketing pieces the VCAAA has in place. Jannette shared that Fall Prevention classes had resumed: Walk with Ease will be having classes in Ventura and Simi valley with a virtual online class. There is a Tai Chi class in Ventura. Senior Nutrition classes will be starting the week after this meeting – Eat Smart, Live Strong and EatFresh.org Mini Course – via online. Jannette also

provided an update Medi-Care Open Enrollment One-Stops, which is ending December 7th. She provided an update on the Letters of Support. VCAAA has received about 5,500 cards and letters from the community. Jannette shared some letters that individuals have created. Lastly, she gave an update on the Live Well Resource Guide, it will be coming out January 1, 2021.

6.5 Workforce Committee Update and Direction – Karen shared a PowerPoint presentation to help individuals find employment and find employment through a pandemic. She also provided information on technology classes and America’s Job Center. Lastly, Karen invited the council to the next meeting of the committee.

6.6 Formation of a Nominating Committee for Election of Officers for FY 2020-2021, One Service Provider, One Consumer, One Focused Population Behavioral Health Representative and One California Senior Legislature Representative for Two Year Terms Starting January 2021 Through December 31, 2023 – Sue Tatangelo, Toni Olson and Marcy Sherbok volunteered.

INFORMATIONAL ITEMS

7. Advisory Council Committee Membership FY 2020 – 2021 – The list was included for informational purposes.

8. Advisory Council Meeting Schedule for FY 2020 – 2021 – The meeting schedule for FY 2020-2021 was included for informational purposes.

9. California Association of Area Agencies on Aging Annual Conference – Victoria provided information regarding the conference. It will be a virtual conference and invitations will be sent out and any members that would like to join will be registered. The conference is December 3rd, 2020.

10. Other Committee Meetings:

a. California Senior Legislature Update – Tony provided a brief update on the CSL and announced that there is a stakeholder committee meeting on November 16th.

b. Triple A Council of California Update – Tony Olson announced that there will be another meeting in January.

c. VCAAA Foundation Update – Marcy provided a brief update on the VCAAA Foundation Update. She mentioned that a fundraising flyer is being developed

to publicize on social media. Jannette stated that she will develop the flyer and present it to Monique, Victoria, Brian and the Foundation for approval.

d. LGBTQ Aging Coalition – Marcy gave a brief update on the LGBTQ Aging Coalition and announced that they will be meeting at 2PM that same day. Jannette also announced that the video will be used as a promo video for the LGBTQ Aging Coalition.

e. Dementia Friendly Ventura County – Monique gave a brief update on DFVC meeting and announced that Dr. Haleh Hashemzadeh will be the new staff supporting that committee.

11. Comments from the Chair – Suz Montgomery thanked everyone for all their hard work.

12. Other Businesses – No members commented regarding other businesses.

13. Adjournment – The meeting was adjourned at 11:00 a.m.

Agenda Item #5.1

TO: VCAAA Advisory Council Members
FROM: Karen Gorback – Chair
DATE: January 13, 2021
SUBJECT: **Employment Committee Report from November 19, 2020**

Committee Members Present

Karen Gorback
Toni Olson

Committee Members Absent

Suz Montgomery
Loretta Allen

VCAAA Staff Present

Monique Nowlin

1. **Welcome** – The meeting was called to order at 10:04 a.m. A quorum was not present
2. **Public Comments** – None
3. **Discussion of Vision for this Committee** – Karen shared that the Committee should continue to meet and discuss specific Committee goals for the rollout of the Get That Job workshop, but given the current uptick in the pandemic, Karen thought it more prudent to roll this workshop out in April or May of 2021. In the meantime, Karen shared that Loretta suggested the workshop could be “tested” by a pilot group of 8 to 10 individuals for feedback. The Committee decided to conduct that pilot on March 25, 2021 10am to 11am. Monique suggested the Get That Job workshop be videotaped by Jannette and that would allow a viewer or group to watch it in whole or in part. The Committee liked that idea and suggested perhaps the video could also be housed on the VCAAA website under the Employment Committee Tab. Karen further stated that she does not want to teach or tape the entire workshop, instead, she would like to enlist different subject matter experts for each part of the workshop. Karen asked that the content of the Get That Job workshop remain confidential and not be shared with anyone outside of the Advisory Council at this juncture. Monique offered to reach out to Nancy Ambriz at HSA to find out if one of the older adults placed with a company through her program would be willing to be on camera as part of this video project. Karen also asked that we find an employer who hires older adults and individuals with disabilities to interview on a video, in conjunction with an employee that the company hired; to capture both perspectives. Karen suggested Home Depot be contacted as

one such employer. Karen asked Monique to query Nancy about her knowledge of any California tax credits offered to employers as a benefit for hiring older adults.

4. **Next Meeting** – January 22, 2021 at 10:00 a.m.
5. **Adjournment** – The meeting adjourned at 10:25 a.m.

Agenda Item #5.2

TO: VCAAA Advisory Council Members

FROM: Monique Nowlin, VCAAA Deputy Director

DATE: December 2, 2020

SUBJECT: Transportation Committee Report from December 2, 2020

Transportation Committee Members Present

Clark Owens
Tony Gitt
John Posta
Carol Martin

VCAAA Staff Present

Monique Nowlin
Jakeline De Leon

- 1. Welcome and Introduction of Attendees** – The meeting began at 11AM by Monique. Monique stated that with John, Clark, and John present there is a quorum.
- 2. Public Comments** – No Public Comments
- 3. Review and Approve Committee Purpose (Goals)** – Monique provided an overview of the Committee's stated goals to ascertain if the goals would remain or be modified. Clark Owens approved the goals, John and Carol agreed. Afterwards Monique announced that in the next meeting in January, the Acting ElderHelp Transportation Coordinator will join the meeting as well and present the number of transportation rides and discuss how the pandemic has affected the numbers and VCAAA services in relation to transportation. Carol requested to have stats presented at each meeting.

Goals		Committee/Staff Action	Status
A.	Regularly review and propose updates to VCAAA webpage related to transportation options.	As Needed; Review Transportation Tab on VCAAA website.	In Development – the Committee has suggested modifications
B.	Continue attendance on the Citizens Transportation Advisory Committee to advocate for the transportation needs of older adults and persons with disabilities.	As Needed; Staff attends	Staff will Obtain an Update on any scheduled zoom meetings.
C.	Explore the use of alternate transportation modes such as driverless cars, and Uber advance at senior centers.	As a result of Committee request, Uber is in place for older adults. Staff will provide updated info on driverless cars and Uber Advance	Uber in Place for use by older adults - Complete Staff researching other listed modes
D.	Advocate for and develop strategies to address transportation issues that impact older adults and persons with disabilities.	Committee needs to decide what specific steps to take in relation to this goal.	In Development

4. Discuss Ideas for Future Committee Projects – The Committee engaged in discussion on future projects. John suggested an item – How to Let People Know of Our Services to People Who Need It Most. Carol suggested revising and improving the information on the VCAAA website regarding transportation. Pursuant to Committee request, Monique will research the possibility of adding a Trend Analysis of Services relating to transportation. Tony suggested adding a Summary of Different Dial-A-Ride Services in the County under the transportation tab on the VCAAA website. Monique announced that in the next meeting the Committee needs to choose a chair.

5. **Next Meeting Date** – The next meeting is January 13, 2021 at 11AM to Noon
6. **Adjourn** – The meeting was adjourned at 11:30AM (Owens, Posta).

Agenda Item #5.3

TO: VCAAA Advisory Council Members
FROM: Sue Tatangelo – Chairperson
DATE: November 18, 2020
SUBJECT: **Health and Nutrition Committee Report from November 18, 2020**

Committee Members Present

Sue Tatangelo
Smita Dandekar
Loretta Allen

Committee Members Absent

John Gardner
Toni Olson
Ari Larson
Lori Harasta
Dr. Maria Munguia
Alice Sweetland

VCAAA Staff Present

Victoria Jump
Monique Nowlin
Joaquin Serrato
Jannette Jauregui
Jaky DeLeon

- 1. Call to Order** – The meeting was called to order at 1:30 pm. A quorum was not present.
- 2. Review of Health and Nutrition Goal Matrix and Development of New Objectives.**
The committee reviewed the draft goal matrix, focusing on goal 3. Goals #1 and #2 were developed by the committee previously with some objectives already having been completed. This list is not definitive, the committee will continue adding to and refining the goals and objectives over the coming months.

Goal 1 - Promote population health and prevention through community engagement and increase public awareness of the food insecurity issues facing seniors in Ventura County and promote nutrition counseling and education to ensure that older adults have access to nutritional meals, fresh fruits, and vegetables; as well as information to make healthy choices.

Objectives		Steps	Status
A.	Expand nutrition counseling and education to all communities in conjunction	Pull stats and determine which area is most in needed – Q data, food	Completed Feb 2020

	with fall prevention evidence-based classes	insecurity data by community	
B.	Create awareness of programs and provide list of available places to get food	1. Get a copy of the Human Services Agency food sites and determine if list is okay to provide or more research is needed. Develop flyer and outreach in regard to the nutrition program	
		2. Duplicate and/or modify and rebrand list	
		3. Expand number of nutrition placemats	
C.	Increase participation in the senior nutrition program targeting those most in need and underserved communities.	1. Provide input into FY 2020-2021 RFP for the SNP program regarding meals to be served in each community	Completed Feb 2020
		2. Eliminate any wait lists for current program	Completed Feb 2020
		3. Determine where the need is: <ul style="list-style-type: none"> a) Look at Cal fresh recipients over 60 by city b) look at Medi-cal aid codes by city over 60 for disability? IH, 14, 17. 	Completed Feb 2020
		4. Collaborate with Human Services Agency and put program outreach materials into application packet	

		5. Address capacity with existing partners and looking outside of meal program if necessary	In process
		6. Provide language regarding the nutrition program for newsletters	
D.	Reduce food insecurity for older adults as well as older adults with medically complex conditions through medically tailored meals	1. Explore how other AAA's have offered medically tailored meals through the senior nutrition program.	In Process Sept 2020
		2. Determine need for program	In process Sept 2020
		3. Determine feasibility and scope of program	In process Sept 2020
E.	Determine how to meet the need for food post Covid	1. Advocate for federal and state funding post covid	ongoing

Goal 2 - Collaborate with health care professionals, stakeholders and service providers to improve health and wellness for Ventura County older adults and individuals with disabilities and collaborate with health care professionals, stakeholders and service providers to address social detriments of health for Ventura County older adults and individuals with disabilities. Included would be looking at the availability of resources to meet daily needs (housing and access to food), access to health care services, availability of community-based resources in support of community living and opportunities for recreational and leisure-time activities, social supports

Objectives		Steps	Status
A.	Address social isolation and the negative impact it has on health outcomes	<ol style="list-style-type: none"> 1. Provide digital devices and programming 2. Provide education for using devices 3. Push out current resources such as Highway 61, Cyber Seniors, etc. 4. Facilitate zoom meetings for meal participants to eat 	

		together in English and Spanish	
B.	Provide case management for people not currently receiving the services	<ol style="list-style-type: none"> 1. Provide more case management activities for people that are not already connected 2. Providing short term support for community organizations that have been hurt by lack of donor support due to Covid 	
C.	Provide support for caregivers to reduce the burden of chronic disease	<ol style="list-style-type: none"> 1. Continue to invest in evidence-based interventions 2. push out existing support groups that are online and develop new ones to include interpreters in real time 3. Develop a one page flyer on all 3 caregiver centers 	
D.	Increase financial literacy for older adults as there is a link between income and health	<ol style="list-style-type: none"> 1. Partner with credit union on zoom classes 	

Goal 3 - Collaborate with public agencies and other stakeholders to improve disaster planning and education for Ventura County older adults and individuals with disabilities.

Objectives		Steps	Status
A.	Educate older adults on being prepared for disasters	<ol style="list-style-type: none"> 1. Investigate if there are disaster resources that can be put on digital devices. 2. Investigate the feasibility of putting LIFE classes on zoom 3. Ensure all resources are accessible 	

B.	Help prepare older adults for disasters and people with disabilities	<ol style="list-style-type: none"> 1. Encourage Older Adults and people with disabilities to take the CERT training. 2. Do inventory of other agencies providing disaster preparedness 3. Provide examples of emergency preparedness plans and supplies for a “to go” bag. 4. Digital forms of plans will be available as well as a paper copy to be incorporated with the File of Life. 5. Develop outreach campaign to notify eligible order adults and people with disabilities about PSPS medical baseline. 6. Roll out Alert Find to the community. This committee will provide input on how the system will be used. 	
C.	Helping support caregivers to prepare for emergencies.	<ol style="list-style-type: none"> 1. Caregiver resource centers will work with consumers on developing a backup plans in the event of a disaster. 	
	Helping support older adult service providers in preparing their clients for disasters	<ol style="list-style-type: none"> 1. During the quarterly ADRC meeting there will be a standing item to discuss disaster preparedness and to share resources and ideas. 2. A long range goal of the committee is that disaster preparedness will be added as a goal through any community information exchange system 	

Goal 4 - Collaborate with community-based organizations to advocate for behavioral health and substance abuse programs. Support Dementia Friendly Ventura County and LGBT+ Aging Coalition initiatives for older adults and individuals with disabilities.

Objectives		Steps	Status
A.	Provide education and outreach to the medical community in regards to caring for individuals with Alzheimer's Disease or related diseases.		
B	Support caregivers and provide education to include planning for the disease progression		
C	Foster a community of connected support systems to include a more coordinated entry for individuals with ADRD and their support systems.		

3. Future Meeting Schedule – The next meeting is January 20, 2020 at 1:00 pm via zoom
<https://zoom.us/j/96639060159?pwd=bld5RlhLdzE4bnBFMWd2MnkvdWh4QT09>

4. Adjournment – The meeting adjourned at 2:30 pm.

Agenda Item #7

FY 2020-2021 Advisory Council Committee Membership

Advisory Council Member	Transportation	Housing	Senior Nutrition & Health Issues	Workforce	Optimal Aging	Bylaws	Other
Allen, Loretta			✓	✓	✓		
Anderson, Dani						✓	B
Buckelew, Aleta					✓		
Cunneen, Bill			✓		✓	✓	B
Daly, Deirdre		✓					B
Dandekar, Smita			✓				
Gardner, John			✓		✓		
Gitt, Tony	✓						E
Gorback, Karen				✓			A, E
Harasta, Lori			✓				G
Larson, Ari			✓				
Martin, Carol	✓		✓				
Montgomery, Suz				✓			A, B, C
Morales, Rebecca	✓	✓					
Mungia, Dr. Maria			✓				
Nugent, Bill							
Olson, Antoinette ("Toni")			✓	✓		✓	A
Owens, Clark	✓						
Pinkard, Joyce		✓					
Posta, John	✓						

Advisory Council Member	Transportation	Housing	Senior Nutrition & Health Issues	Workforce	Optimal Aging	Bylaws	Other
Shapiro, Martha		✓				✓	B, F
Sherbok, Marcy		✓				✓	A, B, C, F
Sweetland, Alice			✓		✓		
Tatangelo, Sue			✓				A, B
Taylor Stein, Sylvia					✓		B
Williams, Mike						✓	C
Zatkin, Allen					✓		

A – Member of the Planning and Allocation Committee

B – Member of Dementia Friendly Ventura County

C – Member of the VCAAA Foundation

D – Nominating Committee

E – Member of CSL

F – Member of LGBT+ Aging Coalition

G – Fall Prevention Coalition

**VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING SCHEDULE**

All meetings are being held via zoom until further notice.

Date	Advisory Council	Transportation	Housing	Senior Nutrition & Health Issues	Optimal Aging	Employment
September	September 9 9-11 am	None	None	Sept 16 @ 1pm	Sept 23 @ 2 pm	None
October					TDB	
November	November 12* 9-11 am	None	Nov 18 @ 11 am	Nov 18 @ 1:30 pm	Nov 14 @ 2 pm	Nov 19 from 10-11:30 am
December						
January	January 13 9-11 am	Jan 20 @ 11 am	Jan 13 @ 11 am	Jan 20 @ 1:00 pm	Jan 27 @ 2 pm	Jan 22 from 10 – 11:30 am
February						
March	March 10 9-11 am	March 17 @ 11 am	March 10 @ 11 am	March 17 @ 1:00 pm	March 24 @ 2 pm	March 18 from 10 – 11:30 am
April						
May	May 12 9-11 am	May 19 @ 11 am	May 12 @ 11 am	May 19 @ 1:00 pm	May 26 @ 2 pm	May 20 from 10 – 11:30 am
June						

***Advisory Council will be meeting on Thursday due to the November 12, 2020, Veterans Day holiday.**

New Member Orientation will be on September 29, 2020 from 1-2:30 pm via Zoom. Please email Jakeline.DeLeon@ventura.org for the registration link.