



# STAY CONNECTED

A Ventura County Public Health order requires that residents 75 and older self-isolate to reduce the risk of exposure to COVID-19 (Coronavirus). Most in-person visits to long term care facilities and other medical facilities are not permitted.

**STAY CONNECTED TO NEIGHBORS AND LOVED ONES WITH**

**Video Chats**

**Phone Calls**

**Letters**

**Isolated individuals who are feeling lonely can contact the  
Senior Support Line at (800) 235-9980**

To stay connected to resources and services near you, contact the  
**Ventura County Area Agency on Aging**

646 County Square Drive

Ventura, Ca. 93003

(805) 477-7300

[www.vcaaa.org](http://www.vcaaa.org)

