A Ventura County Public Health order requires that residents 75 and older self-isolate to reduce the risk of exposure to COVID-19 (Coronavirus). Most in-person visits to long term care facilities and other medical facilities are not permitted.

**STAY CONNECTED TO NEIGHBORS AND LOVED ONES WITH**

- Video Chats
- Phone Calls
- Letters

Isolated individuals who are feeling lonely can contact the Senior Support Line at (800) 235-9980

To stay connected to resources and services near you, contact the Ventura County Area Agency on Aging

646 County Square Drive
Ventura, Ca. 93003
(805) 477-7300
www.vcaaa.org